

Hold nothing back from God

Bishop McKnight highlighted the spirituality of Catholic stewardship with members of the Diocesan Stewardship Council during their inaugural meeting.

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The CATHOLIC MISSOURIAN

September 1, 2023 • Vol. 67 No. 5

Newspaper of the Diocese of Jefferson City

Jesus is at the center of new school year in Hannibal



By Jay Nies

Students are already settling into their routines when the 8 a.m. bell officially kicks off the 158th year of Catholic education in Hannibal.

Children in pre-school through eighth grade at Holy Family School take their seats and prepare to head over to church for Mass.

“I like it here because it’s fun,” says eighth-grader Ella Ricker, whose birthday falls on the first day of school this year.

“My class is the best class ever,” she insists. “I’ve been with them since kindergarten. And the teachers are fun to be around. They always help us when we need it.”

The summer went by quickly for Ella and her 133 schoolmates. Most seem happy — or at least resigned — to being back.

“By the end of the school, I’ll definitely know more and be more prepared for high school,” says eighth-grader Natalie Vandiver.

“Hopefully,” states eighth-grader Abby Devlin, “I’ll be a better friend and will have learned to be there for others when they need me, so we can all be there for each other.”

Second-grade teacher Becky Thomas is handing out colored modeling clay to each of her students.

“You’re all created to do the good works of Jesus Christ,” she reminds them, paraphrasing the school’s theme for the new year (Ephesians 2:10).

This will be a special year for the second-graders, who will receive the Sacrament of Reconciliation and First Holy Communion in the spring.

“I feel called by Jesus to lead these children into a deeper relationship with

Father Alexander Gabriel, pastor of Holy Family Parish in Hannibal and St. Joseph Parish in Palmyra, blesses the eighth-grade classroom and its students on the first day of school at Holy Family School in Hannibal. He would visit all the classrooms, pray with the students and sprinkle them with holy water.

— Photo by Jay Nies

Catholic Charities becomes a partner agency with United Way of Central Missouri

Will bring additional funding to Catholic Charities Food Pantry in Jefferson City, open doors to more collaboration among member agencies

By Jay Nies

Beginning next year, Catholic Charities of Central and Northern Missouri will join an impressive array of local service providers as a partner agency with the United Way of Central Missouri.

The partnership will bring additional funding for the Catholic Charities Food Pantry in Jefferson City, along with avenues for deeper collaboration among fellow service agencies in the area.

Catholic Charities (ccnmo.diojeffcity.org) is the charitable arm of the Diocese of Jefferson City.

The United Way of Central Missouri (unitedwaycemo.org) is a local, volunteer-driven organization that works with

local agencies to improve life for people in its nine-county service area.

Most of its funding comes from local businesses and the employees of those businesses.

“This partnership marks a remarkable step forward in our ongoing commitment to creating positive change within our local community,” stated Sister Kathleen Wegman of the School Sisters of Notre Dame, interim executive director of Catholic Charities.

She said the partnership with United Way will do more than deepen Catholic Charities’ ability to serve.

“We see it as a commitment to creating change and to making a lasting difference in the lives of others,” she stated.

Also announced as new United Way partner agencies were Common Ground Community Building and the UCP

HOLY FAMILY, page 13

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PARTNERSHIP, page 7

MOVING? If you are moving or changing parishes, please fill out information below. Clip and mail to THE CATHOLIC MISSOURIAN, 2207 W Main St, Jefferson City, MO 65109-0914. Or complete the online form at diojeffcity.org/update-individual-contact-information. Allow two weeks.

NEW ADDRESS

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ADDRESS _____

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NEW PARISH _____

OLD PARISH _____

09/01/23

Pray for deceased priests

Sept. 7 — **Msgr. Harold J. Beeler**, Ss. Peter & Paul, Boonville (1960)

Sept. 13 — **Fr. Joseph F. Lorenz**, St. Anthony, St. Anthony (1993)

Sept. 14 — **Fr. William L. Forst**, Columbia hospital ministry (2009)

Sept. 16 — **Fr. Leonard S. Misesy**, St. Boniface, Brunswick; St. Joseph, Hurricane Branch; St. Raphael, Indian Grove (2011)

Wardsville Walk for Life

DATE: September 10
TIME: 11:30 am

The 46th annual Wardsville Walk for Life will begin after the 10:30 a.m. Mass on Sunday, Sept. 10, in St. Stanislaus Church.

Participants will take the 1.7-mile walk from the church to the Lion's Club Hall.

Refreshments and fun activities will be available at the hall after the walk.

Bus transportation to and from the hall will be available.

Proceeds from the event will go to Missouri Right to Life, Birthright, Vitae Foundation, 40 Days for Life, LIFE Runners, the Pregnancy Help Center and PROLIFE Across AMERICA.

Administrative Assistant



The Chancery office of the Diocese of Jefferson City is seeking a highly skilled Administrative Assistant for the Stewardship Office. This person is responsible for assisting the director and associate director in implementing the bishop's vision of spirituality of stewardship throughout the diocese, which covers 38 counties in central and northeastern Missouri.

Responsibilities:

- prepare presentation materials and strategic briefings for deans and pastors
- general administrative and office management duties
- meticulously plan, coordinate and execute events and activities
- provide administrative support for the Stewardship Office
- work closely with the director and associate director as a team partner to educate parishioners on the spirituality of stewardship and convey the impact and importance of supporting their parish and sharing their gifts for the common good
- ability to travel within the diocese (no overnight travel); fleet vehicle provided for day trips

Qualifications:

- practicing Catholic in good standing preferred
- bachelor's degree preferred
- event planning and management is desired

We are seeking a confident, competent individual to manage the Stewardship Office. Qualified candidates can apply on [Indeed.com](https://www.indeed.com) or send resume to HRDir@diojeffcity.org.



Official Notice of Appointments

The Most Reverend W. Shawn McKnight, Bishop of Jefferson City, hereby makes the following appointments to provide the most effective pastoral care of the Diocese of Jefferson City:

PRIESTS

Reverend Monsignor Robert A. Kurwicky, from pastor of St. Michael Parish, Russellville, to pastor of St. Peter Parish, Jefferson City, and continuing as Vicar General and Chaplain to the House of Representatives, State of Missouri, effective Sept. 20, 2023.

Reverend Monsignor Marion J. Makarewicz, as sacramental minister for St. Mary Parish, Milan, and the Mission of St. Mary, Unionville, and continuing as Dean of the North Deanery and as pastor of Mary Immaculate Parish, Kirksville together with its mission St. Rose of Lima, Noyinger, effective immediately.

Very Reverend Jason T. Doke, STL, to pastor of St. Michael Parish, Russellville, and continuing as pastor of St. Martin Parish, St. Martins, and continuing as Dean of the See City Deanery and Chair of the Diocesan Building Commission, effective Sept. 20, 2023.

Reverend Simeon A. Etonu, return from studies at The Catholic University of America in Washington, D.C., to Advocate in the Tribunal of the Diocese of Jefferson City and priest coverage as assigned by the Vicar for Priests, with

residence at St. Andrew Parish, Holts Summit, effective Sept. 20, 2023.

Reverend Robert H. Fields, to pastor of St. John Parish in Memphis, and continuing as pastor of St. Michael Parish, Kahoka, and the Shrine of St. Patrick Parish, St. Patrick, effective June 20, 2023.

Reverend Walter Kispotta, from temporary administrator of St. Joseph Parish, Edina and St. Aloysius Parish, Baring to priest coverage as assigned by the Vicar for Priests, with residence at St. Joseph Parish, Pilot Grove, effective Sept. 20, 2023.

Reverend Boniface K. Nzabonimpa, from pastor of St. Joseph Parish, Salisbury, St.

Boniface Parish, Brunswick, and St. Mary of the Angels Parish, Wien to pastor of St. Joseph Parish, Edina and St. Aloysius Parish, Baring, and as chaplain of Kirksville Newman Center, and to assist Reverend Monsignor Marion Makarewicz with sacramental ministry, effective Sept. 20, 2023.

Reverend Jeremy A. Sechrist, from pastor of St. Peter Parish, Jefferson City to pastor of St. Joseph Parish, Salisbury, St. Boniface Parish, Brunswick, and St. Mary of the Angels Parish, Wien and continuing as Bishop's Delegate for Church Pipe Organs, effective Sept. 20, 2023.

DEACONS

Deacon Burdett Wilson, from St. Joseph Parish, Salisbury and St. Mary of the Angels Parish, Wien to St. Peter Parish, Fulton and St. Jude Thaddeus Parish, Mokane, effective immediately.

Given at the Chancery in Jefferson City this 18th day of August in the Year of our Lord 2023.

Mr. Benjamin Roodhouse, JD, JCL
Chancellor

Memorial Service for the Unborn

DATE: September 9
TIME: 10 am

A Mass and Memorial Service to mark the National Day of Remembrance for Aborted Children will be held on Saturday, Sept. 9, at St. Andrew Church, 400 St. Andrew's Lane in Holts Summit.

Mass will be at 10 a.m., followed by a 10:45 a.m. Memorial Service at the memorial stone outside the church,

followed by light refreshments and fellowship in the gathering space.

Solemn vigils will be held throughout the United States to commemorate the more than 60 million pre-born babies who have lost their lives to legal abortion since 1973 and to remind society of the humanity of the unborn child.

Contact Kathy Forck at 573-821-5130 or kathythebo@hotmail.com for information.

Administrative Assistant



The Chancery Office of the Diocese of Jefferson City is seeking an experienced administrative assistant to support the Director of Parish Services. This individual should be proficient in data entry and have excellent skills with Microsoft Word, Excel and PowerPoint. Occasional travel to parishes in the diocese may be required (with the Director); no personal car is necessary. This position is open to candidates of all faiths.

Qualified candidates will be asked to complete a skills test online. The employer offers a full range of benefits including medical, dental, vision, life and long-term disability, plus a matching 403b plan.

Applicants are encouraged to apply on [Indeed.com](https://www.indeed.com). Please check out our posting!

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— Bishop Joseph M. Marling C.P.P.S., July 7, 1957

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“Holding nothing back”: Bishop discusses stewardship with newly convened Diocesan Stewardship Council

See related article, Page 23

By Jay Nies

“What part of ourselves do we deliberately choose to reserve from belonging to Christ and his Church?”

Every Christian must seriously consider that question in order to become a true disciple.

“Christ wants our hearts, he wants our total being, not just one aspect of us, whether it’s the hour we spend in church on Sunday or certain things we do throughout the day,” Bishop W. Shawn McKnight told the members of the newly convened Diocesan Stewardship Council.

“He wants us all, 100 percent,” he said. “So not reserving any part of ourselves is essential to living a life in response to the many blessings that God has given us, especially our faith.”

The bishop’s remarks were a key agenda item at the Diocesan Stewardship Council’s inaugural meeting the afternoon of Aug. 23.

The 12-member council, a diverse group of laypeople and clergy representing the regions of the diocese, will advise the bishop on many aspects of promoting stewardship as a way of life for Catholics in these 38



The following members of the Diocesan Stewardship Council attended the council’s inaugural meeting on Aug. 23: (front row) Anne Hackman, Bishop W. Shawn McKnight, Kyle Clark, Theresa Krebs, (back row) Trish Lutz, Father Jason Doke, Kent Monnig, Mike Aulbur, Father Stephen Jones, and Mary Beth Strassner. — Photo by Jay Nies

counties.

“This is about the salvation of souls and the participation of every person in the Church,” Bishop McKnight stated.

He reminded the group that stewardship is about being an intentional disciple, in accordance with the teachings of the Second Vatican Council (1962-65).

The late Monsignor Thomas McGread, who was pastor of Bishop McKnight’s home parish in Wichita, Kansas for 31 years, began articulating the

timeless elements of Catholic stewardship in the early years after the Council.

“He was simply trying as a parish priest to implement what the Council was calling for, especially the active participation of the laity in the life and mission of the Church,” said Bishop McKnight.

Msgr. McGread focused on gratitude and on concrete ways of putting it into practice.

Over time, the understanding that God bestows blessings in order for people to cultivate and share them with one another, out of unbridled gratitude and a desire to lead other people to Him took root and flourished in the lives of Msgr. McGread’s parishioners.

“That was the environment and experience of being Catholic that I was born into and raised in,” Bishop McKnight noted.

Msgr. McGread’s interpretation of Catholic stewardship gradually spread throughout the Wichita diocese and to other dioceses throughout the

United States.

When Bishop McKnight arrived to lead this diocese in 2018, he made promoting an authentic spirituality of Catholic stewardship one of the pillars for discerning a new dioc-

esan pastoral plan.

For Catholics, active stewardship means:

- to pray — that is, attend Mass faithfully in the parish on weekends and Holy Days;

- to participate — that is, to use one’s time and talents to strengthen the parish community and advance the Gospel; and

- to give sacrificially — that is, pledge and remain current on a tithe of financial first fruits to support the life and ministries of the parish. The goal is 8% of one’s income to the parish and

See STEWARDSHIP, page 17



Bishop McKnight’s Calendar

SEPTEMBER

Sep 7 Equestrian Order of the Holy Sepulchre of Jerusalem Diocesan Mass and Dinner, 5:30 pm, Cathedral of St. Joseph, Jefferson City

Sep 8-10 Deliver Candidacy Retreat for Deacon Aspirants for the Diocese of Harrisburg, PA

Sep 11 Holy Hour and Evening Prayer with Priests, Dinner Following, 5 pm, Cathedral of St. Joseph, Jefferson City

Sep 12 Priests’ Wellness Day, Cathedral of St. Joseph, Jefferson City; Pontifical College Josephinum Seminary Board Executive Committee Meeting, 9 am, virtual

Sep 15-17 Equestrian Order of the Holy Sepulchre of Jerusalem Annual Meeting and Investitures of the Northern Lieutenancy, St. Louis

Sep 18-20 Catholic Extension’s 2023 Mission Bishops’ Conference, Oak Brook, IL

Sep 22 El Puente Office Blessing, 12 pm, Jefferson City

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Bishop McKnight’s September prayer intention for our Local Church

For the police, fire and EMS workers serving their communities in uniform; may all first responders be preserved from harm as they serve to keep us safe. We pray to the Lord.

Intención del mes de septiembre del Obispo McKnight por nuestra Iglesia Local

Por la policía, los bomberos y los que trabajan en primeros auxilios en sus comunidades; que, al mantenernos a salvo, los socorristas sean protegidos de cualquier daño. Roguemos al Señor.




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Teresa Tomeo to headline Women's Ministry fall events, Oct. 6-7

By Jay Nies

"Offer it up to God and put it at the foot of the cross."

Say that with the same "Jersey" accent as the family matriarch on a dozen TV sit-coms, and you'll hear Teresa Tomeo saying it like her mother.

"It goes back to the whole thing of surrender. That's where it has to begin," said Mrs. Tomeo (teresatomeo.com), motivational speaker, nationally-syndicated Catholic radio host and award-winning author of a dozen books, including *Everything's Coming Up Rosie: 10 Things My Feisty Italian-American Mom Taught Me about Living a Godly Life*.

"Offering it up to God, not just once, but every day!" she stated. "That's our starting point."

Mrs. Tomeo will be the featured presenter at the Fall 2023 diocesan Women's Ministry events on Friday and Saturday, Oct. 6 and 7, in Cana Hall at the Cathedral of St. Joseph, 2305 W. Main St. in Jefferson City.

The doors for the Friday evening "Ladies Night Out" event will open at 6 p.m., with dinner and a presentation at 6:30 p.m.

The cost for dinner is \$25 per person. There will also be a cash bar.

The doors for the daylong retreat on Saturday will open at 9 a.m., with the retreat beginning at 10 a.m.

Morning hospitality will be provided. The cost for lunch will be \$15 per person.

The theme for the retreat will be "Defined by God, Sent on Mission, Fortified by the Eucharist."

"We'll be focusing on getting excited about the National Eucharistic Congress next year and the whole idea of embracing Jesus and understanding who we are in the eyes of Christ," said Mrs. Tomeo.

There will also be time for prayer, faith-sharing and learning about other opportunities to grow in relationship with God.

Mrs. Tomeo said the events will be a "a real spiritual shot in the arm and a warm hug from God."

"It can be truly life-changing," she stated.

She said it's time to get back to basics — "getting real with each other, getting real with God, knowing that we're loved and that God has a plan for each of us."

She pointed to a scene in the recent box-office bonanza, "Barbie," in which one of the characters laments at length on how impossible it is for women to live up to all of society's expectations.

"That's the world we live in," Mrs. Tomeo noted. "You have to keep proving yourself again and again ... which is very different from how God sees you."

"God loves you right where you're at!" she said. "Women need to understand that they are incredibly dignified and beautiful, and God has an incredible life that he wants to give you."

"Let's get busy"

Mrs. Tomeo is the host of a syndicated daily radio show, "Catholic Connections" on the EWTN Global Catholic Network.

She speaks and writes extensively on issues pertaining to

Catholicism, especially in the media and how they relate to women.

She'll share personal testimony about how she and her husband, Deacon Dominick Pastore, strayed away from the Church but ultimately returned.

"If people feel no hope, they should come hear my story and the story of our marriage being saved," she said. "We were quite broken. If God can turn our lives around, they can do it for anyone."

She's convinced that these Women's Ministry events will be well worth making time for.

"This will be an opportunity to meet Christ in a different way and share him with fellow sisters in Christ," she said.

She pointed to what the U.S. surgeon general recently identified as "an epidemic of loneliness."

"The world can be very overwhelming at times, whether you're looking at issues facing the Church, or family issues or just with people dealing with loneliness," Mrs. Tomeo stated.

The Oct. 6 and 7 events will offer fellowship and plenty of laughter — even if through tears.

"We do need to be aware of the sad things in the world,"

Women's Ministry Fall 2023 Events

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TERESA TOMEO

Ladies Night Out Friday, Oct 6th
Doors open at 6:00 p.m.

Fall Retreat Saturday, October 7th
Doors open at 9:00 a.m.

Cana Hall
Cathedral of St Joseph
2305 W Main St, Jefferson City MO

For more info & to register go to
diojeffcity.org/wmfallevent



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personal relationship with Jesus and the Church.

"When was the last time you set aside a whole day just for you and God?" she asked. "When was the last time you really took time to be with other women and be with Christ and share the faith?"

She talked about the importance of spending time with faith-filled friends.

"Fellowship and companionship are huge," she said, pointing to a recent study that showed how just saying "hello" to neighbors

every day offers positive health benefits.

"Even spending time with women you disagree with can be helpful," she noted. "That's when we often learn the most — when we're honestly challenged, when people ask us questions."

As she prepares to visit Missouri, Mrs. Tomeo asks for prayers for the Holy Spirit to speak through her, "and that he'll be able to use me to touch the hearts of the women and help them find out what God wants for them, for their domestic Church and for the world."

Visit diojeffcity.org/womens-ministry-upcoming-events to register for both events.

Mrs. Tomeo noted. "But we can't spend our whole time on the negative."

"This will be a fun, uplifting, joy-filled day — and informative, as well," she said.

Her mission as a speaker and evangelizer is clear: "I want every woman in the place to leave with this on their minds and hearts: 'God loves you, he has a plan for you, the Eucharist is everything, and let's get busy about being Eucharistic Christians, intentional Christians,'" she stated.

Refreshing pause

Mrs. Tomeo invites women throughout this diocese to stop and consider how long it's been since they did something out of the ordinary to grow in their

Catholic Charities Parish Engagement and Charity (PEACE) events

Catholic Charities of Central and Northern Missouri will hold six Parish Engagement and Charity Events on Saturdays this fall in parishes throughout the diocese.

Presenters will include Paul Crnkovich, director of adult faith formation for St. Thomas More Newman Center Parish in Columbia, and Sister Kathleen Wegman SSND, Tori Bakers and Ashley Wiskirchen of Catholic Charities.

Each event will include a morning or afternoon of faith formation, fellowship and information on how Catholic Charities can help equip individuals, families and parishes to meet the needs of others in their communities through works of charity and mercy.

•Sept. 9 — 1:30-4:30 p.m., St. George

Church, 615 E. Main St. (U.S. 50) in Linn

•Sept. 16 — 8:30-11:30 a.m., Our Lady of the Lake Church, 2411 Bagnell Dam Blvd., Lake Ozark

•Sept. 23 — 9 a.m.-noon, Mary Immaculate Church, 715 E. Washington, St., Kirksville

•Sept. 30 — 8:30-11:30 a.m., St. Patrick Church, 17 St. Patrick Lane, Rolla

•Oct. 7 — 8:30-11:30 a.m., Our Lady of Lourdes Church, 903 Bernadette Drive, Columbia

•Oct 7 — 1:30-4:30 p.m., Catholic Charities Central Offices, 1015 Edmonds St., Jefferson City

RSVP for the event most convenient for you at: ccnmo.diojeffcity.org/peace.

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Litz Main to serve as executive director of Catholic Charities of Central and Northern Missouri

The Board of Catholic Charities of Central and Northern Missouri (CCCNMO) has selected an experienced charities professional to serve as the agency's next executive director.

Litz Main (pronounced "LEE-tz MAY-n") will begin her work on Monday, Sept. 18.

Ms. Main comes to Catholic Charities of Central and Northern Missouri from her current position at Catholic Charities Southwestern Ohio, where she is the director of Language Services.

She is fluent in English and Spanish and looks forward to incorporating her

life experiences into her work in the Diocese of Jefferson City.

Her innovative approach and strong background in business administration has helped expand the charitable outreach and language services of her current agency.

In accepting this position, she will relocate to central Missouri and is excited to bring her gifts and talents to this community.

Ms. Main said her dedication to charity and mercy is motivated by her Catholic faith.

"My Catholic background and relationship with God have always been at the cen-

ter of what I do," she stated.

She looks forward to using her experience to help strengthen the work of this very important agency.

"It's inspiring to see how Catholic Charities of Central and Northern Missouri serves as a beacon of hope in this community, delivering services with compassion and reflecting the love of Jesus," she said.

Ms. Main will succeed Sister Kathleen Wegman of the School Sisters of Notre Dame, who was appointed interim executive director in early April.

"We are incredibly thankful to Sr. Kathleen Wegman for her leadership of Catholic Charities of Central and Northern Missouri during the interim," said Mike Maag, President of the Board for CCCNMO.

"Her commitment to serving those in need helped ensure the agency remained focused on our mission as we conducted a national search for our next executive director," he stated.

He said the board is



Litz Main will serve as Catholic Charities of Central and Northern Missouri's next Executive Director, beginning Sept. 18.

"thrilled" that Ms. Main has chosen to come help us take Catholic Charities in this diocese to the next level.

"We know there are great needs in our community for charity and mercy, and I am confident that Litz is the right person to help us meet these needs," he stated.

Catholic Charities of Central and Northern Missouri is the charitable arm of the Diocese of Jefferson City.

The agency responds to the needs of people in 38 counties regardless of faith, culture or situation.

In 2022, the agency pro-

vided services to more than 6,000 individuals across a variety of programs, including mental health, housing and financial counseling, food security, health and nutrition education, disaster preparation and response, family reunification through immigration legal services, and refugee resettlement.

Bishop W. Shawn McKnight of Jefferson City asks the people of the diocese to join him in praying for the new direc-

tor as she begins her service here.

"I welcome Litz Main to our diocese and I thank her for taking on the responsibility of leading Catholic Charities of Central and Northern Missouri," he said.

"Charity and mercy are central to our identity as Catholics," he noted. "The work of this agency is an important part of our service and ministry as a diocese.

"As the new executive director, we will look to Litz for leadership as we seek to express this merciful aspect of our spirituality," he said.

Backpack blessing in Columbia churches

By Jennifer Calkins

During the weekend of Aug. 12-13, students from all three Catholic parishes in Columbia received a special blessing of their backpacks during Mass at Our Lady of Lourdes Church, Sacred Heart Church and the St. Thomas More Newman Center.

The Backpack Blessing, as it is known, is a new tradition adopted in many communities to remind students that they are not alone and that God's presence is always with them.

The priests offered prayers for a successful and safe academic year ahead for the students, and even teachers received prayers and support from the faith community. This simple yet powerful gesture brings peace of mind and confidence to students as they face the challenges of a new academic year.

The Backpack Blessing was a touching and meaningful event for students and their families, reminding everyone of the power of faith and community to uplift and inspire us in our daily lives.



Diocese sends support for Maui, following deadly wildfires

On behalf of the Catholic faithful of the Diocese of Jefferson City, Bishop W. Shawn McKnight has directed the diocese to send \$10,000 in financial assistance to the Diocese of Honolulu as it seeks to aid in the recovery following the tragic fire on the island of Maui.

"In this time of unimaginable loss, our hearts go out to the people of Maui and all others who are suffering from this tragedy," said Bishop McKnight.

"As we pray and ask God for his mercy, the people of the Diocese of Jefferson City also send this financial assistance to our brothers and sisters in the Diocese of Honolulu as a sign of our support

and solidarity during this time," the bishop said.

This gift is made possible by the Catholic stewardship practiced by the faithful of our diocese and their collective sharing of God's gifts with the individual parishes across this diocese.

Anyone wishing to make an additional donation is encouraged to do so.

Bishop Larry Silva of Honolulu has asked for gifts to be made to the Hawaii Catholic Community Foundation, which will support relief efforts for community members affected by the Maui wildfires.

Gifts can be made at this link:

<https://tinyurl.com/MauiCatholic>

Fr. Dylan Schrader to preach homilies on the Creed this fall

By Jay Nies

Father Dylan Schrader's parishioners asked for more opportunities to learn about their faith, so he'll give them what they asked for.

Every Sunday, from the pulpit, throughout the fall.

He'll offer a series of homilies titled "A Tour of the Creed" at each Sunday and Saturday Vigil Mass through December in St. Joseph Church in Westphalia and St. Anthony of Padua Church in Folk.

"These homilies will be catechetical, they'll be doctrinal, they'll have specific content," said Fr. Schrader, pastor of the Westphalia and Folk parishes.

Deacon James Haaf, who assists him in both parishes, will help.

The Creed — specifically, the Nicene Creed — is the centuries-old summation of the essential teachings of the Church that Catholics profess at Mass each Sunday and holyday.

It begins with "I believe in one God" and concludes with "and the life of the world to come."

"I'm excited about it," he said. "Many adult Catholics would admit they don't know their faith as well as they

should or as well as they'd like to. It's hard to get them to come to things during the week. But we do have them here on Sunday."

The priest or deacon who gives the homily at Mass typically preaches on that day's Scripture readings, "which is appropriate and excellent," said Fr. Schrader.

"But it can also be helpful, from time to time, for adult Catholics to hear the major themes of the Catholic faith in an organized way," he said.

The *General Instruction on the Roman Missal*, which prescribes how the Mass is to be celebrated, also gives priests and deacons the option to preach on the Order of Mass or on the prayers of the Mass — "which includes the Creed," he said.

Furthermore, the late Pope Benedict XVI, who led the Church from 2005 to 2013, in his 2007 Apostolic Exhortation "*Sacramentum caritatis*," encouraged preachers to remember the catechetical dimension for the homily for Mass.

"He specifically asked priests to preach about the four pillars of the Catechism (of the Catholic Church), four major aspects of our Catholic faith," Fr. Schrader noted.

Those four pillars are: the Creed; the Sacred Liturgy, with pride of place given to the sacraments; the Christian way of life, beginning with the Ten Commandments; and Christian prayer.

Fr. Schrader holds a doctorate in systematic theology from The Catholic University of America.

Several years ago, he preached a series of homilies during Lent on the seven capital vices, focusing on one or two in each homily.

During Lent another year,

his homilies gave an overview of the Old Testament, "so that when we got to Palm Sunday, we had arrived at the New Testament and led into Holy Week that way," he said.

The idea for this series came from town-hall meetings hosted by St. Joseph and St. Anthony of Padua parishes as part of the diocese's Shaping Our Future Together pastoral planning process.

"In those meetings, people very clearly spoke of the need for more adult faith formation," said Fr. Schrader.

He does offer periodic catechetical series for adults in the parishes, "but not as many people come to those," he said. "The time we have most people present is really for Sunday Mass."

He consulted with the parish pastoral councils of both parishes in seeking a topic and



Father Dylan Schrader, pastor of St. Joseph Parish in Westphalia and St. Anthony of Padua Parish in Folk, will preach a homily series on the Creed this fall.

assembling an outline for this fall preaching series.

"Both councils thought it would be good for me to try giving a systematic overview

of the Catholic faith through the lens of the Creed," he said.

"Systematic," as in systematic theology, is the study of how all the aspects of the Catholic faith fit and work together.

"Systematic theology is basically a big-picture, orderly way of looking at the faith," he said. "It's the study from different perspectives of how the truths of the faith fit together and harmonize."

Specifically, this series will continue building each week on how the mysteries expressed in the Creed fit together.

Sunday Masses at St. Joseph Church in Westphalia are livestreamed and archived at [facebook.com/St.JosephChurchWestphaliaMO](https://www.facebook.com/St.JosephChurchWestphaliaMO).

A weekly schedule of topics will be posted with the online version of this article at [catholicmo.com](https://www.catholicmo.com).

Fr. Flatley: Fitting the pieces together

This is the first in a series of teachings and reflections offered by the moderator of spiritual formation for the Jefferson City diocese.

By Father Matthew J. Flatley

Like so many faithful souls around the world, I am a practitioner of the simple, yet profound method of Centering Prayer.

Centering Prayer bonds members of a community together in a life changing way.

This deep silent prayer awakens a hunger in our hearts and the Holy Spirit sparks to flame a fire that is already burning within us and the community.

By the grace of God, I was introduced to this simple method of prayer in 1989, while on a visit to St. Benedict's Trappist Monastery in Snowmass, Colorado.

From the moment I walked onto the grounds of the Monastery, I was transfixed by many things, but most of all by the profound sense of Divine Presence.

If you had told me that day that 10 years later, I would move to this monastery and live as a monk, I would have not believed you.

I was also very attracted to the spirit of the monks I observed, and in short order, Abbot Thomas Keating of the Order of Cistercians of the Strict Observance (also known as "Trappists") (1923–2018) became a very important mentor in my life, just as he was for thousands of others.

Fr. Thomas taught that Centering Prayer quiets our minds and body and prepare us to receive the incomparable gift of contemplative prayer.

St. Teresa of Avila, a Doctor of the Church,

quoted in *The Catechism of the Catholic Church* (2709), says: "Contemplative prayer in my opinion is nothing else than a close sharing between friends; taking time frequently to be alone with Him who we know loves us."

This gift is grace, which can only be received in humility and poverty, is a covenantal relationship established by God within our hearts, a communion in which the Holy Trinity conforms man and woman ... the image of God, to his likeness.

Fr. Thomas was a wisdom figure, but he was not a particularly scholarly figure, nor did he write in a methodical, academic way.

As a matter of fact, he did not write too much at all. Rather, he spoke and others would write down what he said.

He was quite similar to St. Paul. His sentences go on and on and touch on many different subjects.

Fr. Thomas will often lead one deep into the forest of mystery, but he never leaves you there.

"TK," as he was affectionally known, spent his life teaching about the treasure found in the Christian Contemplative Heritage.

As was so often said, it was not so much what he said, but who he was that attracted others to listen.

Thomas was authentic. He had been a monk for 70 years when he died, and he spoke with authority.

He spent the second half of his long life presenting the entire Christian Spiritual Journey, which he himself had lived, in a most systematic way, drawing on teachings from modern



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PARTNERSHIP

From page 1

Heartland-Gibbs Center for Independence, bringing the total number of partner agencies to 29.

United Way representatives joined staff, board members and volunteers of the three new partner agencies Aug. 29 for the announcement in the Catholic Charities Food Pantry in Jefferson City.

United Way of Central Missouri President and CPO Lee Knernschield pointed out that 1 in 2 people in the United Way's service area receive help from an affiliated agency.

"Over 128,000 people were touched by the work of one of our agency partners in 2022," she noted.

"With the addition of these three new member agencies, we will be able to provide a more complete continuum of care for those with disabilities, further address food insecurity in our community, and have more resources to assist individuals and families who are working toward self-sufficiency," she said.

She noted that difficult life situations are rarely resolved by meeting a single need.

"No two people, families or neighborhoods are alike, and the issues are complex," she said. "That's why the United Way continues to build a network of local agencies to help people get the in-depth services that provide holistic support for their unique needs."

United Way Board Chair Sharon Campbell noted that the agency's partnership with Catholic Charities began in the aftermath of the EF-3 tornado and local flooding that affected Cole, Miller and the surrounding counties in 2019.

United Way provided a Disaster Grant to Catholic Charities at that time.

Sr. Kathleen called this new partnership a defining moment in the history of Catholic Charities.

"This collaboration exemplifies the power of unity, and we truly are better together," she said.

She noted that the United Way's dedication to improving lives resonates deeply with the vision and mission of Catholic Charities.



LEFT: Lee Knernschield, president and CPO of the United Way of Central Missouri, speaks at a press conference Aug. 29 in the Catholic Charities Food Pantry in Jefferson City, to announce a new partnership between the United Way and Catholic Charities of Central and Northern Missouri and two other local agencies. **RIGHT:** Sister Kathleen Wegman SSND, interim executive director of Catholic Charities, addresses the gathering. **BELOW:** Members of the Catholic Charities staff gathers to celebrate after the press conference.

— Photos by Jay Nies



"We're honored to align our efforts with an organization that shares our passion for making a lasting impact," she said.

"As a partner agency," she continued, "we envision a future where our combined strengths allow us to embrace challenges head-on, address critical issues, especially those related to food scarcity, and bring about transformative outcomes for those we serve."

Located at 1015 Edmonds St. in Jefferson City, the Catholic Charities Food Pantry is open every Monday and Wednesday from 4 to 7 p.m. and every Friday and Saturday from 10 a.m. to 1 p.m.

Anyone who needs it can start a membership at the pantry with just a photo I.D.

The client-choice pantry allows members to choose foods that are familiar, fresh and culturally appropriate in a grocery-store setting that honors the dignity of each client, encourages healthy food choices, reduces food waste and provides learning opportunities and community-building experiences.

It distributed more than \$500,000 worth of food in 2022 and is well on its way to surpassing that amount this year.

Sr. Kathleen emphasized that the food pantry was designed and built on the foundational principle of Catholic social teaching: the life and dignity of the human person.

"That's the way it functions, and it reflects that principle in every encounter we have here,"

she said.

Many people who live nearby and shop for food at the client-choice pantry have taken time to share what they appreciate most about it.

Plaudits range from the availability of the hours, to the selection of fresh foods, dairy products and protein choices.

"But, more than any other piece of feedback they share with us — the care they feel as they shop here is of utmost importance to them," said Sr. Kathleen.

"Whether our neighbors need to utilize this pantry for a week, a month or a while longer, we are here to serve them and await them with open arms," she said.

United Way's Strategic Funding Committee oversaw the application and interview process for new partners this

year.

After three rounds of interviews, the three final agencies were selected and approved by United Way's Board of Directors.

Sr. Kathleen thanked the United Way for extending this invitation "and believing in our shared potential."

She said that she, Catholic Charities Food Programs Coordinator Lori Stoll and Senior Communication Director Ashley Wiskirchen all found the application process invigorating.

She noted that as the charitable arm of the Catholic Church, Catholic Charities is entrusted in a special way with responding to the needs of the poor.

Sr. Kathleen was quick to thank the dedicated team of Catholic Charities employees and hundreds of volunteers,

whose collective passion helped lead to this moment.

"In the coming months, we look forward to working closely with United Way and their proud partner agencies, collaborating in a way that creates a more equitable future for each community that we touch," she said.

Mrs. Wiskirchen lauded the passion and dedication of the board members and volunteers of the 29 local United Way partner agencies.

"The additional funding we'll receive is great and will definitely advance our mission," she noted.

"But what I'm really looking forward to is that community support from the people of the multiple agencies that we're partnering with," she said.

"That's going to be really good for us and for everybody."



QUESTION CORNER

Who is condemned and why do Catholics wear crucifixes?

By Jenna Marie Cooper
OSV News

Q: Since the Church teaches that God is a forgiving God, how could He banish a person to Hell? It is very difficult for me to believe that God would make that an eternal habitat for anyone. (Unspecified city, Indiana)



A: According to the *Catechism of the Catholic Church*, “Hell’s principal punishment consists of eternal separation from God in whom alone man can have the life and happiness for which he was created and for which he longs.” (CCC 1057) So hell isn’t so much of a place or “habitat” as it is a state of freely chosen estrangement from God.

As Catholics, we believe that God created us with free will, meaning that we decide for ourselves to love God and seek to follow his commandments; or we can choose to reject or ignore God. If we freely choose to distance ourselves from God through seriously sinful actions and a lack of repentance, God will respect our agency in making this choice and will not override our decision or force himself on us. If a person knowingly and willingly persists in a state of unrepentant grave sin right up until the time of their death, they are essentially sending themselves to hell.

But God does not actively want hell for any of his creatures. As the *Catechism* also tells us: “God predestines no one to go to hell; for this, a willful turning away from God (a mortal sin) is necessary, and persistence in it until the end. In the Eucharistic liturgy and in the daily prayers of her faithful, the Church implores the mercy of God, who does not want ‘any to perish, but all to come to repentance.’” (CCC 1037)

Q: I know many Christians wear a cross necklace, but why do Catholics wear a crucifix? Displaying Jesus hanging from a cross, as jewelry, seems both cruel and a bit dark, even bizarre. (Brandenburg, Kentucky)

A: My thought is that our Catholic cultural emphasis on crucifixion imagery comes from Catholicism’s focus on the saving power of Christ’s passion. Catholics are keenly aware that Jesus was not merely a wise moral teacher, he was the lamb of God who offered his life and was slain for the redemption of the world. Crucifixion imagery helps keep this central facet of our faith readily before our eyes.

Crucifixion imagery also reminds that Christ freely took on our human nature and had a human body that was subject to suffering and death, just as we are. When we are in pain, a crucifix can help us remember that God himself knows and understands what we are going through. It can also remind us of the possibility of uniting our sufferings to Christ’s, filling us with the hope that our suffering in this life might also bear fruit for the salvation of souls.

Yes, a crucifix can be a jarring image. If you look at the history of Christian art, it seems to have been a bit “too much” for the early Christians, which is why other kinds of imagery — such as Christ the Good Shepherd — were much more common in the Church’s first few centuries. Even in the early Middle Ages, when crucifixes were more widely used, the crucified Christ was most often portrayed as a serene and victorious king rather than as a frankly suffering victim.

More “graphic” crucifixes, where the intention of the artist is to show Jesus in agony, didn’t become typical until the Counter Reformation era in the 16th century. This period of the Church’s history was focused on correcting abuses and

See QUESTION, page 18

Papal Audience August 30, 2023

Dear brothers and sisters:

In our continuing catechesis on apostolic zeal, we have been reflecting on the spread of the Gospel through the witness of men and women of every time and place. Today we consider St. Kateri Tekakwitha, the first native American saint of North America. The daughter of a Mohawk chief and an Algonquin mother, Kateri was scarred by smallpox at an early age; her sufferings drew her to a great love of the cross and a close identification with Christ in his redemptive love for humanity. Persecuted for her faith, she found refuge in a Jesuit mission. Her deep piety and prayer, marked by devotion to the Blessed Sacrament, the Rosary and acts of penance, was accompanied by charitable concern for the elderly and the sick, and for the instruction of children in the faith. A year before she died, Kateri sealed her complete dedication to the Lord by taking a solemn vow of perpetual virginity.

St. Kateri Tekakwitha’s example shows us the power of the Gospel to bear rich fruit in a holiness expressed in quiet, everyday actions that nonetheless have the power to transform our world.

I extend a warm welcome to the English-speaking pilgrims and visitors taking part in today’s audience, especially the cyclists from England; I assure them of my prayers for their efforts in the fight against cancer. I also greet the altar servers from Malta and the various groups from the United States of America. Upon you and your families I invoke the joy and peace of our Lord Jesus Christ. God bless you all!



Author features lives of three Boonslick historic figures

Fayette parishioner taught
at St. Mary in Glasgow

Jane Lee Weiland, formerly a teacher at St. Mary School in Glasgow, who became Catholic two years ago at St. Joseph Parish in Fayette, has written a historical book about three heroic women.

The Three Gallant Girls of the Frontier features Millie Cooper, the savior of Fort Cooper; Prairie Flower, the daughter of Kit Carson; and Cornelia Kuemmel, the artist of Glasgow.

Local artist Milly Haggard illustrated the book, alongside June Wilder’s photographs of Cornelia Kuemmel’s paintings.

The three young women of the book are important players in the history of the Boonslick region.

Millie Cooper is known for her daring horseback ride to save Fort Cooper.

Prairie Flower lived with the Leander Amick family and traveled the Santa Fe Trail twice with her father, Kit Carson.

Cornelia Kuemmel won



Jane Lee Weiland is author of *Three Gallant Girls of the Frontier*, available at [Amazon.com](https://www.amazon.com).

THREE
GALLANT GIRLS
of the
FRONTIER



By JANE LEE WEILAND

acclaim with her masterpiece “Reminiscence of 1861.”

She later won a scholarship to study in Paris, yet she remained in Glasgow. Her final painting is “Christ’s Knocking at the door.”

Professor Emeritus and art historian, the late Tom Yancey, believed it was a loss to the art community that Kuemmel’s creative abilities were not fur-

ther developed.

Dr. Joe Geist, curator of the Ashby-Hodge Gallery of American Art on Central Methodist University’s campus in Fayette, states that her paintings at auction after her death sold for just 35 cents.

Now, they are worth thousands of dollars.

See BOOK, page 23

How to travel lightly: the great declutter

By Christina Capecchi



My next-door neighbors have been packing up to move for the last month. The empty nesters are downsizing, and I've watched their weeks-long purge with a mix of horror and admiration.

High-school letter jacket? Give.

Handmade desk? Give.

Barbie clothes sewn by Grandma? Give.

Almost everything had to go. There was no longer space or, it turns out, need. They've raised their kids, retired from their careers. So they handpicked recipients for special items that no longer serve them and donated the rest.

Yesterday, when the moving truck pulled up, their garage became the graveyard for the final bits: a wooden Santa, a large clock, potting soil and a box labeled "rags."

That's what it had come down to: the rags.

I could see a lightness in the wife's face. Sure, the past month had been grueling — endless sorting, boxing, lifting, lugging. But she had eliminated all the unnecessary stuff in her life and, with it, a

tremendous psychological weight.

She is ready for the next chapter, and she has put in the work so she can travel lightly.

I want to do the same. I just don't know if I'm ready.

For guidance, I've been reading Laraine Bennett, the Catholic author best known for her writing on temperaments. Laraine's latest book explores the spiritual underpinnings of our consumerist culture. It draws inspiration from St. Therese of Lisieux, who wrote: "Happiness has nothing to do with the material things that surround us; it dwells in the very depths of the soul." It is titled: *The Little Way of Living with Less: Learning to Let Go with the Little Flower*.

The book begins with Laraine's account of selling almost everything to move to Germany with her husband and two young children. They settled in an old farmhouse with a tiny kitchen and miniature stove. Their American-size box spring wouldn't fit through the stairs, so they made do with a mattress on the floor and fleas from the barn animals next door.

"This discomfort opened up a space where there was a possibility of spiritual awakening, an encounter, a surprise," Laraine writes. "God is the God of surprises, Pope Francis says. But when you are too comfortable, too content with the

status quo, you rarely step out of your cozy cocoon to encounter the surprise."

In lieu of the frantic Christmas shopping she'd witnessed in the U.S., the young mom participated in a neighborhood tradition: hiking through snowy woods to a mountaintop where snow began to fall just as St. Nicholas appeared, with bishop's miter and staff in a horse-drawn carriage.

"When our hearts are filled with our earthly loves, our creature comforts and our material possessions, we have less room for God," Laraine writes.

Ultimately, we need very little. But the line between want and need has never been blurrier in the age of Amazon. We buy for so many reasons: because we can, because it brings a momentary thrill or distraction, because it was recommended by an influencer.

It can be difficult to examine our motives, especially when the period from idea

to acquisition spans a matter of seconds.

This year I've tried to slow that down. What I discovered is that sometimes — embarrassingly — I already had the thing I was about to buy, or something similar. I could get by.

Before a party, I could dig through my "Rainy Day Bin" and find a gift that would suffice. I've become more honest about the recipient's needs. I picture a cluttered house and busy schedule and opt, instead, for a handwritten card paired with a jar of honey or box of tea.

Buying less isn't fun, but I can feel virtue building — patience, prudence, peace. It feels good to be resourceful, more easily contented.

I want to travel lightly, unencumbered, with my arms and heart open wide, ready to be surprised.

Christina Capecchi is a freelance writer from Inver Grove Heights, Minn.

Spiritual grandparenting

By Sister Constance Veit, lsp



As a kid I always associated two things with the first day of school — getting new shoes and having to write about what I did during summer vacation.

My siblings and I never really had exceptional summer adventures but I have fond memories of beach outings, camping trips, museum visits, swimming lessons and hours spent playing with the other kids in the neighborhood.

It's been many years since I got new school shoes or wrote about my summer vacation but this summer, I did something exceptional. Although I have been a Little Sister for over 35 years, in July, I went away to camp for the very first time!

Along with another member of my community and 15 other women religious, I participated in a discernment camp for high school girls sponsored by the Diocese of Arlington, Virginia.

Our days at camp were filled with sports activities and team challenges, crafts and plenty of Gen Z-centered conversation. We also had daily Mass, Rosary, eucharistic adoration and lively

spiritual talks given by the sisters.

Along with college-age volunteers, each pair of women religious was responsible for a dozen or so high school girls throughout the week.

Our days were jam-packed with activities and the heat was sweltering but I thought I was doing pretty well keeping up with the girls. Then towards the end of the week, one of the young women — a very lively, outgoing teen — called me our team's grandmother! That was a blow to my ego — "Not an older sister or your mother, but your grandmother?" I asked. "Really?"

"Grandmothers are so kind and supportive," she replied. "They try to make each person feel special. That's what you've been doing for us."

This young woman's insight was a real consolation to me.

Later, during adoration, I reflected on this conversation, a bit ashamed of myself. I realized that the ageism that infects our society has also affected me.

As someone who has devoted my life to advocating for older persons, I should have been honored to be identified as grandmotherly!

I thought about our foundress, St. Jeanne Jugan, who identified completely with the elderly poor to whom she

REFLECTION

Wearin' of the grin

By Mark Saucier

The other day, we were watching a couple of our granddaughters.

Out of the blue, the 4-year-old informed me, "I don't know why Grandpa, but I love you."

I smile remembering that. I imagine that you smiled too. It's cute, unexpected, and maybe it recalls some warm memories in your own life.

The point here is not the story, it's the smile — one of the oldest human expressions.

Anthropologists believe that the human smile, with its relaxed muscles, parted lips, and exposed teeth, was a sign of peaceful intent, a way of showing another that no harm was intended.

It may have been something we shared with the primates, but our smile has become much more than some superficial sign. It is embedded in our physiology, our emotional makeup, and our spirituality.

It's the first expression of babies, which says something of importance.

Children smile an average of 40 times an hour. It could be a bottle, a touch or a tickle -- a bug, a treasure or a treat.

It could be gratitude, wonder or surprise. It's all met with a smile.

As we grow older, we lose those experiences, fail to see the mysteries, and stiffen our attitudes.

As adults, we smile only once per hour.

Life is serious, often hard, sometimes tragic, but the missing smile is impoverishing our life.

A cardiologist recommended that we try to smile 20 times in an hour. That simple act increases production of neuropeptides, which affect the nervous system by reducing stress.

Who knew that smiling could be good for you?

Jesus knew. The Bible says Jesus "wept." Never does it say he laughed or smiled. But think about it.

Painting absurd images of a camel struggling through a needle's eye or a log in a person's eye, he was probably smiling just as much as his listeners.

His comparison of what goes into a person, with what comes out was not without an earthy chuckle.

When he raised Jairus's daughter from her sleep, he was surely smiling when his first words after the miracle were, "Give her something to eat."

Our smile is a connection. It makes us more trusting of one another, something we desperately need.

So find things that bring a smile, or just practice that grin once in a while.

As Thich Nhat Hanh said, "Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy."

See SR. CONSTANCE, page 19

Encounter

AT CATHOLIC CHARITIES

Growing in knowledge and understanding of Hunger Action Month



By Lori Stoll

It can be challenging in mid-Missouri to realize the depth of food insecurity that exists within our own neighborhoods.

Even in affluent areas, many households across mid-Missouri struggle to provide healthy food for their families on a consistent basis.

September is Hunger Action Month — an annual campaign supported by Feeding America to bring the nation together to reduce food insecurity in the U.S.

The first step in reducing food insecurity?

Knowing about it.

The national Hunger Action Month campaign asks each of us to come together to know and understand food insecurity, particularly in our own communities.

Beyond seeing and understanding the lack of healthy food available to neighbors, Hunger Action Month hopes to inspire action on a local level.

Finally, it dares us to envision an America without hunger.

These are steep goals for a month-long campaign.

Let's dive in.

Missouri is one of the top 10 states with the highest levels of food insecurity in the country.

Hunger in Missouri adversely impacts every person in the state, because food is the fuel with which strong schools, strong workplaces and strong communities are built.

The Food Bank of Central and Northern Missouri supplies much of the food available in local pantries across our diocese.

Our Food Bank does so at

no cost to these local pantries — a huge community support.

This food is provided through a combination of Feeding America funds, donations and grocery rescue.

The Food Bank also supports the Catholic Charities Food Pantry located in Jefferson City, enabling us to feed families who come for a wide variety of reasons.

Sometimes they need pantry support because they make low wages, or are not given adequate working hours, or recovering financially after an emergency medical situation.

Many of the families we see are just above qualifying for other food supplemental supports like SNAP or WIC.

Some families just need help to get through a month here or there.

Whatever the reason families come to us for assistance, the Catholic Charities Food Pantry welcomes them with an open heart.

We at Catholic Charities, alongside community partners like The Food Bank and SSM St. Mary's Hospital, are working hard to address the root causes of hunger.

Earlier this month, we received the incredible invitation to become a member agency of the United Way of Central Missouri.



Health and Nutrition Services Director, Judith Mutamba, organizes produce in the Catholic Charities Food Pantry. With support from local donations and The Food Bank for Central and Northeast Missouri, the pantry is able to offer fresh produce, dairy products and protein options every week.

Our collective ability to know — and then move from knowledge to understanding — the food insecurity landscape will increase our ability to resolve these disparities in access to food.

As an agency, we both serve and advocate for the neighbors with open pantry shifts and by participating in community action events for housing and transportation.

We provide educational opportunities in the demonstration kitchen, nutrition workshops, activity and health programs, and referrals to other Catholic Charities services in financial stability and housing counseling.

We partner with community organizations to connect families to all the remaining resources available to them the best way we can, by leading with a neighbor relationship built on trust and quality of care, following up with referrals to services we know will help them thrive.

As you learn about food insecurity, and the ways we at Catholic Charities are working to address it, you may feel called to take action.

It is well within your grasp to make a positive impact for those who live in your neighborhood, work in your office, send students to your children's school, or attend Mass in your parish.

So, what can be done?

There are so many ways to move toward a future where our neighbors have access to fresh, nourishing food — here are three ideas for you:

The first is to donate.

Donate items or money to your local pantry or to your food bank.

Every dollar makes a difference to the families around you whether they are a family of 1 or 10.

The second is to fundraise.

There are several fun and engaging ways to support your community and be an integral part of the community.

You could participate in fundraisers that already exist or be creative and come up with your own.

Call us up at Catholic Charities — we have food barrels and friendly staff ready to help set up a food drive at your work, school, or church.

The third is to volunteer.

Your local pantry, and The Food Bank, likely have open volunteer opportunities to fill!

Pantries all have different hours and services that you can get plugged into.

Some examples of ways to offer your service: stock shelves, pick up food from grocery rescue, engage with neighbors to distribute food, even delivering groceries for those that struggle with transportation.

We have open pantry volunteer shifts at the Catholic Charities Food Pantry, and would love to see you serve with us!

If you have an idea that you think is helpful, contact your local food pantry and see if there is a way you can help.


As we kick off Hunger Action Month look around your community — food insecurity is closer than you think.

Your actions can and will have a direct impact on your community, and we're here to get you plugged in.

One person's actions today can, and will, create a ripple of care that widens as it rolls out — we'd love for you to be part of that with us.

Lori Stoll is the Food Programs Coordinator at Catholic Charities of Central and Northern Missouri. In her work in the Catholic Charities Food Pantry, Lori has managed the client-choice, grocery-model since its opening — providing care and creating hope for those who visit to shop on Monday and Wednesday evenings and Friday and Saturday mornings.

To learn more about Hunger Action Month, and how the Food Bank for Central and Northeast Missouri is participating to reduce food insecurity across mid-Missouri, visit sharefoodbringhope.org/action.

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Heisinger Bluffs' residents visit newly renovated Cathedral

By Mavis Chan

Dwena Winkler did not know what to expect from the Cathedral of St. Joseph's renovation.

During her visit to the nearly completed Cathedral on Aug. 7, she could not believe what she saw.

"It's just gorgeous," Winkler said.

Winkler and other residents of Heisinger Bluffs Senior Living Community in Jefferson City toured the Cathedral on a Monday morning. Upon their arrival, Steve Meystrik, Cathedral of St. Joseph Parish's stewardship coordinator, introduced them to the different features of the renovated house of worship.

He pointed out aspects of the stained glass windows illustrating stories from the Acts of the Apostles; statues made of linden wood from the Black Forest; shrines to the Sacred Heart of Jesus and Our Lady of Guadalupe; a mural with imagery of Missouri wildlife; the altar and the tabernacle.

Around 20 people joined the tour, said Joe Schepers, administrator of independent living at Heisinger Bluffs. Senior residents had come up with the idea of visiting the Cathedral.

"It was their suggestion to come see it once it was renovated," he said.

Susie Jones was another participant in the tour. Even though she's not a member of the Cathedral Parish, she joined the visit after hearing a lot of friends tell her about the beautiful renovation.

"I'm just amazed by the whole thing," Jones said.

While many of the residents at the facility are Catholic, Schepers said some participants of the tour are from different churches. As far as he knew, this was the first time many of the participants were ever in the Cathedral.

"One lady (told) me she has never seen the Cathedral in the time that she's lived here," he said. "She wanted to come just so she could say that she's been in the Cathedral and seen it."

Apart from Heisinger Bluffs, the Cathedral Parish offers tours to schools and other community groups, so that community members would have a chance to look at the renovations, Meystrik said.

His mother took part in the Aug. 7 tour.

This was the fifth large group to tour the Cathedral since its rededication in May.

"For many people, they would drive by and they would see all of the construction, and

probably wondered what was going on in there," Meystrik said.

Anyone interested in organizing such a tour can call the Cathedral Parish office at 573-635-7991 or email info@cathedralsjc.org, he said.

Tours are free, but organizations should schedule well in advance because the Cathedral also hosts daily morning Masses, school functions, funerals and various prayer groups, Meystrik noted.

Heisinger Bluffs offers in-

dependent living and assisted living services to seniors. Residents from both those services went to the tour, Schepers said.

Apart from visiting the Cathedral, the facility schedules

See CATHEDRAL, page 12

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— Photos by Julie Smith, courtesy, Jefferson City News-Tribune

CATHEDRAL

From page 11

outings for its residents.

These visits include going to

Freddie's for frozen custard and

different restaurants for lunch-

es, he said, as well as Adrian's Island when it opened.

The facility is also planning on taking its residents to tour the Capitol in the next few months, he added.

Schepers would like to turn the Cathedral tour into a more regular excursion for the residents, because of their interests and the turnout of Monday's tour.

Meystrik said the tours would be a way for parishioners and other members of the community to learn more about one another and start conversations.

The "majesty beauty" of the newly renovated Cathedral is designed to bring people closer to Jesus Christ, he added.

"This is an opportunity for them to see the work that was done, and to see the beauty that is here," he said.

Ms. Chan is a reporter for the Jefferson City News-Tribune (newtribune.com), which originally published a version of this article Aug. 8. It is republished here with permission.

Holy Family

PARISH PICNIC

Sunday, September 3
Freeburg, MO

Chicken and Roast Beef Dinner with Real Mashed Potatoes
Served 11:30 am-7 pm
CARRY-OUTS ONLY - \$15
Outdoor & indoor (A/C) seating - no table service

Quilt Auction 5pm • Kiddie Tractor Pull (sign-up 2:30pm/start 3pm)
Games & Prizes (starting 1pm) • Sandwich Stand & Refreshments
Live Music—Broken Arrow Band 2-5pm, Shiloh 8pm-midnight

St. Peter Parish

FALL FESTIVAL

700 St Rd Z, Fulton

Sunday, Sept. 24
DINNER SERVED 11AM-6PM

FRIED CHICKEN & BAKED HAM DINNERS

Sides, Dessert & Drinks
ADULTS: \$15 6-12 YEAR OLD: \$6 AGE 5 & UNDER: FREE

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Fall Festival

Our Lady of the Snows

PARISH PICNIC

Sunday, September 3
Mary's Home

Fried Chicken & Gluten-free Roast Beef Dinner
Served Cafeteria Style from 11am-7pm
Adults \$15 Children (6-12) \$7 5 & under free
Carry-outs available

Quilt Fortune Wheel ** Games & Prizes ** Kids Games
Crafts & Country Store ** Sandwiches & Refreshments
Homemade Pastry Auction

Handicapped parking. No outside drinks or coolers on grounds.
Cash or checks only.

**ST. MICHAEL CHURCH
RUSSELLVILLE**

FALL FESTIVAL DINNER

Sunday, September 17

SERVED FROM 11 AM TO 5 PM

Dine-in cafeteria style OR Carryouts

MEALS \$15 each
Whole hog sausage, roast beef, sauerkraut, mashed potatoes & gravy, green beans, coleslaw, applesauce, bread & pie

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St. Alexander Church

Pro Life Breakfast
BELLE

Sunday, September 10
7-11 am

Sausage, ham, scrambled eggs, biscuits & gravy, pancakes, juice & coffee **\$9**

All proceeds will go to local pregnancy help centers.

HOLY FAMILY

From page 1

Christ," Mrs. Thomas states. "I can't think of anything better than the Eucharist to do that with."

Having sent her own four children to Holy Family, she wants her students to be "on fire for the Eucharist."

"That's one thing I love about this school — that you can feel the Holy Spirit in it," she says. "We really focus on Jesus. We really try to get these kids to be on fire with Christ and to be his followers for the rest of their lives."

"Source of all truth"

Holy Family is one of 38 Catholic elementary schools and three Catholic high schools in the Jefferson City diocese, serving close to 7,000 students.

Across Shamrock Lane from school, in Holy Family Church, the students find out from their pastor, Father Alexander Gabriel, that their

first day of school falls this year on the Memorial of the Queenship of Mary.

"Welcome back! And welcome to all of you who are joining the school for the first time!" he tells them.

"What a wonderful day God has given us!" he declares. "We are going to receive God's blessings through the intercession of the Blessed Mother. She will be helping us all through the school year. She prays for us and constantly leads us to her Son."

And just as Mary taught Jesus while he was growing up, she will teach the children of Holy Family School.

"Just like Mary and Joseph, keep Jesus in your heart," Fr. Gabriel advises. "Make sure he is always at the center of your life. Then, we will do good work with our hands."

The student choir leads the singing of "Here I Am," "Go,



Second-grade teacher Becky Thomas distributes colorful modeling clay to her students on the first day of school at Holy Family School in Hannibal. — Photo by Jay Nies

the teachers and students here may always pursue the truth and learn to know you, the source of all truth."

See SCHOOL, page 15

Make A Difference," "Enter the Journey" and other appropriate hymns for the start of the school year.

After Mass, Fr. Gabriel heads over to school with two altar servers to bless the students and each classroom with holy water.

"This is a blessing for the new year," the priest announces. "May we always be hale and hearty!"

He prays: "Grant that all

St. Anthony of Padua Parish FALL FESTIVAL Sunday, Sept 10 Folk, Mo.

Roast Beef & Whole Hog Sausage Dinners
Meals are \$15 each

Drive-Thru & Carry-Outs from 11 am-6 pm
(indoor air conditioned seating will be available)

Quilt Auction and Pie & Dessert Auction - 5 pm

Classic Car Cruise-in - 11am-6:30pm

shooting match - 12 pm

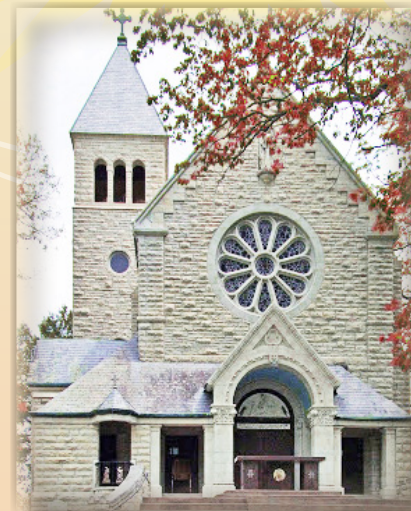
prize drawing - 6:30 pm

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Annual Fall Pilgrimage September 10

Pilgrimage at 10 am

Traditional German Dinner

Served 11 am-1 pm

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green beans, corn, slaw & dessert
\$15 (kids over 6 \$10 / under 6 \$5)

Confessions at 12:30 pm

Benediction at 1 pm

Outdoor Mass at 2 pm

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Pope confirms 'second *Laudato Si'*' will be an apostolic exhortation

By Justin McLellan
Catholic News Service

Vatican City Pope Francis confirmed plans to publish a "second *Laudato Si'*," which is ex-

pected to update and expand on his 2015 encyclical on the environment.

Greeting visitors in the Paul VI audience hall after his weekly general audience Aug.

30, the pope drew attention to the World Day of Prayer for the Care of Creation Sept. 1, the beginning of the Season of Creation, a monthlong ecumenical period for prayer and action to promote ecological principles. The Season of Creation ends Oct. 4, the feast of St. Francis Assisi.

"On that date I intend to publish an exhortation, a second *Laudato Si'*," Pope Francis said. The document will be

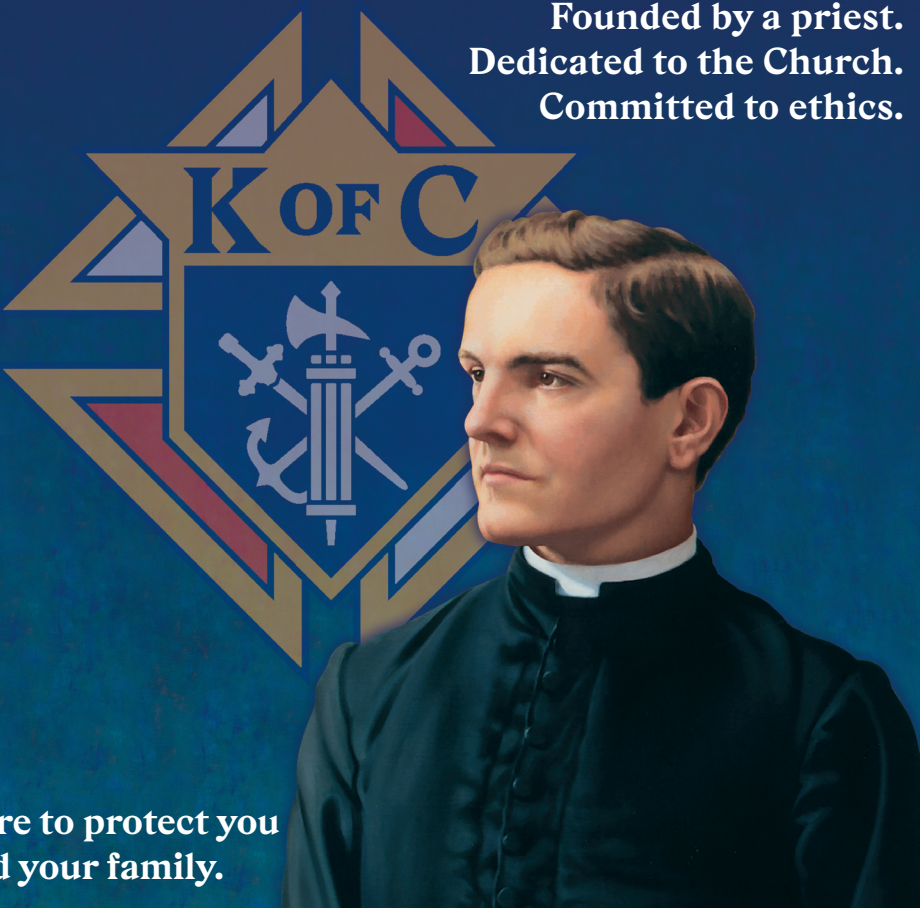
See EXHORTATION, page 19



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SCHOOL

From page 13

“Everything we do”

This is Melissa Millan’s 13th year helping to teach eighth-grade. She previously served as Holy Family’s principal for nine years.

“I can’t imagine being anywhere else,” she says. “When you get to live your faith on a daily basis and really try to reach younger people with it, there’s no better place to be.”

Having had her own children graduate from Holy Family School, she’s confident that with God’s help, she and her fellow teachers are making a big difference.

“We’re giving them opportunities throughout the day to grow in their faith,” she says.

What does she want more than anything else for her students? “For them to have faith in their life, to have Jesus. When you have that, everything else will come together.”

Principal Sara Hooley, as well as her brothers and sisters, parents and one of her grandparents, attended Holy Family School.

“Holy Family isn’t just our name. It’s who we are!” she says. “Every day, we get to live the values of the Holy Family.”

Children she once taught there are now entrusting their own children to the school.

“We have a great tradition here,” says Mrs. Hooley. “The community is super-supportive. Even if they move away, when they come back, they want their kids here. It’s nice to see that continuation.”

At the same time, “our Holy Family tree is branching out,” with new families enrolling their children and quickly feeling right at home, she says.

She likens teaching and leading at Holy Family School to being part of a tight family.

“We know everything about each other,” she says. “We help each other. We pray together, we laugh together, we cry together, we teach together. It’s a family!”

School secretary Amelia Johnson’s two daughters have graduated from Holy Family School, and her sons are now in sixth and first grades there.

“I love the atmosphere here,” she says. “I love that

the kids go to Mass twice a week, I love that everyone knows each other, that everyone looks out for each other.

“It’s just such a community,” she adds. “Everybody here is so close, everybody here takes care of each other.”

Like any parent, Mrs. Johnson wants what’s best for her children.

“I want them to have a sense of security, to know that they’re valued, to know they are loved, to be kind to each other,” she says. “Obviously, I want them to get a great education and be taught a good work ethic.

“Most importantly, I want them to learn how to treat each other, how to love each other.”

More photos will be posted in *The Catholic Missourian’s* online edition, cathmo.com. Select “Photo Galleries” from the “Multimedia” tab on the menu bar.

These things are all thoroughly integrated into every aspect of the curriculum, “whether it’s religion class or math class or social studies.”

“It’s just taught in everything we do here,” Mrs. Johnson says.

“Good friends”

Sixth-graders Aidan Watts, Eli Wiley and Thatcher Johnson are reacclimating well to life in the classroom.

“I’ve been here since kindergarten,” says Eli. “I have a lot of good friends here.”

“The teachers are really nice,” says Thatcher. “They help you.”

His favorite subject is science because “I like doing experiments.”

Aidan and Eli like history and social studies because they enjoy “learning about things of the past,” according to Aidan.



Children enjoy recess on their first day of school at Holy Family School in Hannibal.

— Photo by Jay Nies

He blesses the students’ backpacks and calls down special blessings on parents, teachers and members of the community.

“When people ask you about your church or your faith life, tell them to ‘come and see,’” the

priest advises. “Invite them to come and experience who we are and what we can share with them.”

Mrs. Thomas says she loves Holy Family School and is grateful to be a part of it.

“It really does nurture the mind, the body and the spirit,” she says.

She lauds the active parents and all the volunteers who help things run smoothly.

“We’re thankful to have parents who care, who love their children, who want them to have the best education and a faith-filled life,” she says.

She suggests that when things aren’t going well and students are having a bad day, parents should start by praying about it with their children.

“Bring it to Jesus — whatever the problem is,” she advises. “Take it to the cross. Let them see you do that. It’s the best thing you can model for them.”

Mrs. Millan says the Holy Family School community creates an environment with high expectations.

“Students are going to do well here — academically and in their faith,” she says.

She’s convinced that no parent will ever regret making their children’s faith their No. 1 priority.

“Everything else will fall into place when you have that relationship with Jesus Christ and you model it for your kids, and then they get the opportunity to experience it firsthand every day in their education,” she says.

All three say they want to study hard, get good grades and make their parents proud.

They ask for prayers for them to be patient with their friends and to know and do what’s right.

“Pray that we all have a good year,” says Eli.

“And for us to be grateful and thankful,” Aidan adds.

Ella Ricker asks for prayers for “a great year.”

Abby Devlin suggests praying “for everyone to stay healthy and have a good relationship with each other.”

She’s set on taking her faith with her to the public high school next year.

“I feel like a lot of people don’t really know what our faith is actually about,” she says. “I want to be able to answer questions if someone wants to know what I believe and why I believe it.”

She’s confident that she’ll be able to offer educated answers “because we really learn our faith here.”

Still strong

Joe and Nicki Knowlton are on their way back to Lafayette, Indiana, after dropping their daughter off at Benedictine College in Atchison, Kansas.

They’re happy to have stopped off in Hannibal for morning Mass.

“The community life here is amazing,” says Mrs. Knowlton. “The priest is a great catechist and he’s very good with the kids. He teaches them what they need to know at

their level without watering it down.”

The couple plan to share what they heard with their own children back home.

Parishioner Collin Anderson graduated from Holy Family School in 2000. He and his wife Lindsay now have a kindergartener and second-grader there.

“What hasn’t changed is how good of an education you get and how faith-focused it is,” says Mr. Anderson. “It was really strong when I was there, and it still is.”

His own fifth-grade teacher at Holy Family was one of his older son’s teacher’s last year.

“The environment they have is awesome,” he says. “The teachers are amazing.”

He remembers moving up to high school and feeling well prepared — “not only from an education standpoint but also from a young-adult standpoint.”

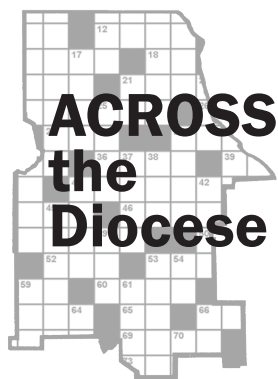
“They prepare you here not just for high school,” he says. “They instill important values at a young age and show you how to make God the center of your life, no matter what happens.”

He’s grateful that Holy Family Parish is strong enough to be able to support “such a phenomenal school.”

“Sometimes, I think we take it for granted,” he acknowledges. “I know I do.”

“Come and see”

A couple of days into the school year, the students are back in church for Mass with Fr. Gabriel.

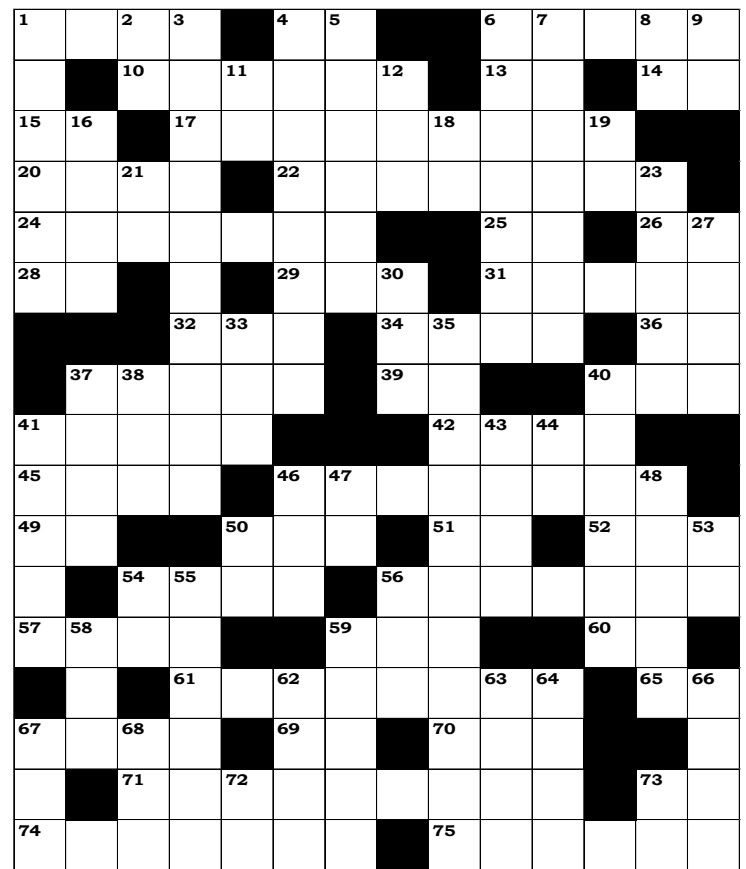


By Father Don Antweiler

ACROSS

1. Catholicism in the 13 original colonies was characterized by a universal anti-Catholic ____ brought to Jamestown in 1607 (first permanent English settlement in North Am.) and vigorously cultivated in all 13 colonies, from Massachusetts to Georgia.
4. P – S.
6. Of the seven capital, or deadly, sins ____ heads the list (see *Catechism of the Catholic Church*, #1866).
10. “Likewise, Sodom, Gomorrah...indulged in ____ promiscuity and practiced unnatural vice...” (Jude 1:7).
13. Prefix for port or pair.
14. First of the two major divisions in the Bible (abbr.).
15. ____-GYN.
17. The founding of Mary’s Land by Lord Baltimore in 1634 was, at that time, the only place in the English-speaking world where Catholics could worship freely, openly, without bitter ____ against them.
20. ____ valley is the heart of wine country in California.
22. In 1650, Royalist Anglican Protestants took control with new stringent laws against Catholic education and the extradition of known Jesuits & the closing of their school. Some Jesuits evading the law ____ continued to provide Catholic education.
24. Bugs Bunny’s favorite food.
25. “____ many young people struggle with depression and despair as they try to make their way in a culture that has lost its moorings,” —Supreme Knight Patrick E. Kelly.
26. Prefix for say or crow.
28. Bone.
29. ____; first three letters of the word Jesus in Greek, the language of the early Church for the first three centuries. Often seen on liturgical vestments, altar fronts, etc.
31. “...I will keep you safe in the time of ____ that is going to come to the whole world...” (Revelations 3:10).
32. “...half his face was ____ huge, wary eyes staring unwaveringly at Brother Cadfael,” —*Monk’s Hood*, Ellis Peters.
34. “What seems an ____ life in contemplation can be hard enough when it comes to reality,” —*Monk’s Hood*, Ellis Peters.
36. Letters for *Societe Anonyme*, the French equivalent for Inc., after a corporation’s name.
37. When you peel one, it can make you cry.
39. Chemical letters for Gold on the Periodic Table.
40. Gas additive.
41. He taught us how ____ the boat so we could go fishing on our own (2 wds.).
42. “...Aaron and his sons shall maintain (lamps) before the Lord in the meeting ____...” (Exodus 27:21).
45. I put ____ underneath the leak in the roof (2 wds.).
46. In 1650, Puritans in Maryland ____ against the Anglican Protestant gov’t. and outlawed both Catholics and Anglicans.
49. “In the gospels, Jesus ____ constantly going off all by himself; and he doubtless needed it less than we do,” —Supreme Court Justice Antonin Scalia on religious retreats.
50. Abbr. before the name of a member of the clergy.
51. Nicknames for this State: the Bay State, the Codfish State; the Old Colony State (abbr.).
52. Suffix for East or West.
54. ____ ho!
56. In 1658, after bloodshed and struggle, the Catholic Calvert family once again regained ____ and re-enacted the original Toleration Act restoring freedom of worship and conscience for all. A brick chapel was built in 1667 becoming the center for Catholics.
57. “...I will ____ an angel before you...” (Exodus 33:2).
59. Lie.
60. Letters widely used in texting meaning “Say Nothing.”
61. In 1704, the Anglican Protestants rose up again and the Royal gov’t. established Protestantism as the ____ State religion of the colony, ordering the brick chapel permanently locked and never again to be used for religious purposes. Catholics survived until finally the U.S. Constitution (1789) gave them hope.
65. Comparative suffix.
67. The quantum theory of matter, called the big ____ theory, was formulated in 1927 by Georges Lamaitre, Belgian astronomer and Catholic priest.
69. “Be ____ good faith, Meg, I trust that Christ’s tender pity shall keep my poor soul safe,” —letter from prison by St. Thomas More to his beloved daughter Margaret.
70. Letters for Licensed Nursing Asst.; medical professional working under an RN.
71. The original “free exercise of religion” terminology in the Toleration Act in Maryland was enshrined in the First ____ to the U.S. Constitution in 1789.
73. Land of 10,000 Lakes (abbr.).
74. “...no society can fully repress an ugly past when the ____ persist into the present,” —Martin Luther King, Jr.
75. “...but their story ____ like nonsense and they did not believe them,” (Luke 24:11).

DOWN



1. ____ (Raj) Koothrappali is the TV name of one of the four main characters in “The Big Bang Theory” TV series.
6. The first settlers arrived in 1634 with two ____ on St. Clement’s Island, part of the new colony of Mary’s Land. Although originally founded as a refuge for Catholics, they were always a minority. Diversity of all religions, including Catholics, was the goal.
7. Priest house.
8. “It’s kind of fun to ____ the impossible,” —Walt Disney.
9. ____ *cum spiritu tuo*.
11. The new iPhone ____ (extended reality) basically boosts its present functions.
12. The name Luke in France (e.g., Jean-____ Picard in “Star Trek, Next Generation”).
16. Sheep sounds.
18. Abbr. before a physician’s name.
19. ____ Paso, TX.
21. He was the ____ (public relations) person for the project.
23. The missing ingredient in unleavened bread.
27. Because of weak evidence, the accused only got a ____ on the wrist instead of a meaningful punishment.
30. “Life without meaning is the torture of restlessness and vague desire — it is a boat longing for the ____ and yet afraid,” —Edgar Lee Masters in *Wild at Heart*, John Eldredge.
33. “In all you do, try being a ____, and not a woe,” —Anthony Liccione.
35. Cars.
37. Excuse me!
38. Gun club.
40. Many if not most of the cattle shipped to market are corn-fed ____.
41. Heads I win, ____ you lose!
43. With ____; spirited, confident.
44. Companion to #14 ACROSS (abbr.).
46. “I got a lot of romance and rubbish where I got my ____ hair, from the other side of the family,” —*The Head of Caesar*, *The Father Brown Stories*, C.S. Lewis.
47. Letters for Electric Vehicle (e.g., Ford Mustang Mach-E; Honda e; Tesla Model 3).
48. The speakers just seem to ____ on regardless of the restlessness of the audience.
50. Medical professional.
53. The Cardinals belong to this group (abbr.).
54. Related to St. or Ct.
55. ____ of the Catholic

PUZZLE CLUES
continued on page 17

PUZZLE CLUES

From page 16

- Church is “truth revealed by God, which the magisterium of the Church declared as binding” (2 wds.)
56. Letters for Combat Information Center (e.g., tactical center in a warship or AWACS aircraft).
58. “We wanted a new ____ of piety, which formed itself from the liturgy...” —“Last Testament”; Pope Benedict XVI
59. “He is happiest, be he king or peasant, who ____ peace in his home,” —Johann Wolfgang von Goethe, called the greatest writer in the German language.
62. I wisely chose not to argue with the patrolman but to simply to pay the ____.
63. “If Henry VIII had not weakly allowed himself to be captured by ____ Boleyn, and so broke with the Papacy, England would be Catholic today; and if so, the Reformation elsewhere would certainly have died out,” — *Characters of the Reformation*, Hilaire Belloc.
64. Better ____ than never.
66. “____ your hearts, not your garments...” (Joel 2:13).
67. “The only ____ to our escape is that we can get no boat fit for the voyage,” —*The Sign of the Four*, Sir Arthur Conan Doyle.
68. In banking, letters for Net Asset Value (i.e., assets minus liabilities).
72. Abbr. for the Latin words *exempli gratia*, meaning “for example.”
73. “And the little prince broke into a lovely peal of laughter, which irritated ____ very much. I like my misfortunes to be taken seriously,” —*The Little Prince*, Antoine de Saint Exupery.

ANSWERS on page 19

CONTEMPLATIVE

From page 6

psychology and philosophy, as well as contemporary insights from many branches of both physical and social science.

However, he told me in private conversation that he had not taught anything original, but rather, he was drawing from many sources and fitting it all together.

He often said, “If I have said anything useful, it has been the work of the Holy Spirit.”

I am absolutely thrilled that Centering Prayer practitioners from all over Missouri are preparing to participate in *The Living Flame Program*, gathering in community, as well as with individuals in their home.

The title is taken from another Doctor of the Church, St. John of the Cross.

The seven-part program, which begins in October of this year, will dive deep into all of these pieces that Fr. Thomas, the meek and humble Servant of God, drew on.

Aspirants will want to have some practice of Centering Prayer and will have read his book *Open Mind Open Heart*.

The illumination, the anointing, which takes place in the Inner Room, allows the Divine Physician to heal us and to bring us more and more into the Divine Presence.

It turns out that all of the pieces do fit together.

The mystery is immense, the questions are many, and the answer to all of them is the Triune God and the experience of His love found in deep and silent prayer.

If you would like to know more about this program in Central Missouri, please visit the Contemplative Outreach of Central Missouri website (cocemo.org) or call 573-864-1097, or email cocemo1@gmail.com.

Fr. Flatley is pastor of Immaculate Conception Parish in Jefferson City.

STEWARDSHIP

From page 3

2% to other worthy charities.

“Above board”

Bishop McKnight emphasized that stewardship is about much, much more than people committing to tithe their income.

“That’s not to say that tithing isn’t an important part of the stewardship way of life,” he noted. “But all the more so, it’s really about the spirituality of the investment of people’s time and talent.”

Nonetheless, it does substantially change the financial focus at the parish level.

It means “not relying upon fundraisers or gimmicks to get people outside the Church or even people in the Church to fund the mission, having it as part of our intentional recognition of our obligation,” he said.

It has also led to a move away from an annual solicitation of funds, along with special collections and an annual assessment to all parishes known as a cathedraticum, in favor of a simple, three-tier tithing model.

Each year, parishioners are encouraged to make a sacrificial pledge of 8 percent or more of their income to their parish.

Parishes, in turn, commit 10 percent of their offertory collections to the diocese, to pay for ministries that benefit all parishes.

From that money, the diocese helps support the work of the Church throughout the world.

“We’ve now done away with cathedraticum, with its mysterious, opaque method of assessing individual parishes,” the bishop said, referring to the annual assessment previously made to parishes to fund diocesan administration.

“Having something that’s so above-board and consistent for everyone, which is what we have with stewardship renewal, is a much better way of funding the mission of the Church,” he said.

Bishop McKnight noted that funding diocesan ministries based on what the parishes are able to support through

tithing will help motivate diocesan offices to work better within their means.

“This is much fairer and more sustainable,” he said. “And it forces the Chancery

“This is about the salvation of souls and the participation of every person in the Church.”

— Bishop W. Shawn McKnight

to work within the means of the tithe that comes from the parishes.”

Equipping the faithful

As part of this new focus, every parish in the diocese must convene and maintain a parish stewardship council, to work with its parish pastoral council and parish finance council and its school advisory council if the parish has one.

Bishop McKnight said that much like the relationship between the Diocesan Stewardship Council’s relationship to the bishop, a parish stewardship council “should be fundamentally focused on assisting the pastor, who has the responsibility for the presidency of the charisms of the parish — that is, the gifts and talents of the people, and employing them in a way that is most beneficial to the mission of the parish.

“Its purpose is not so much to determine what the goals of the parish are going to be — that’s the parish pastoral council,” he said, “or how is this going to get funded or supported financially — it’s the role of the finance council, to advise the pastor in that regard.

“But it really is identifying, getting to know people, getting to know their skill sets, understanding what their needs are in terms of the mission of the local parish, and connecting the two,” the bishop stated.

Once the pastor invites people to assist with a specific work of the parish, lay ministry leaders in the parish will be called upon to make sure those people have access to all

the resources they need to do their work successfully.

“The stewardship council of a parish should be focused on assisting and mentoring, coaching, reminding sometimes, every once in a while, those basic principles and fostering the discipleship for everybody,” he said.

Good stewardship in the parish relies on recognizing the unique gifts and charisms each person receives from God so they can help carry out the Church’s mission of leading people to God.

Toward that end, each person must know that his or her gifts are recognized, needed, appreciated and put to meaningful use.

“That requires a parish community that’s willing to take risks, that’s willing to open up to more ministries that are not already happening, that’s not afraid to try something that might not work out,” Bishop McKnight insisted.

He said the pastor should encourage laypeople to propose new things in the parish and let them take responsibility for bringing them about.

“The pastor has a specific responsibility and has a mutual respect for the rights and obligations of others in the Church,” he stated.

Ideally, the parish stewardship council in each parish will take an active role in getting more people involved in proclaiming the Gospel and responding to it through concrete action.

All of this, the bishop insisted, is part of the process for ensuring that all parishes are vibrant, cooperating with other nearby parishes, and focused on the mission of making disciples for Christ.

He spoke of the long process of inner conversion from a desire to “give to a need” to “giving out of a need to give — which is the grateful response of a Christian disciple.”

Need more info about an event or want to see more events?
Visit the diocesan EVENT CALENDAR at diojeffcity.org/events.
Want your event listed?
Fill out the ONLINE FORM at diojeffcity.org/event-listing.

Fundraisers & Social Events

Sep. 1-2

Camdenton, St. Anthony Parish garage sale, Fri 8 am-4 pm, Sat 8 am-2 pm

Sep. 3

Freeburg, Holy Family Parish picnic, 11:30 am-7 pm; **Mary's Home**, Our Lady of Snows Parish picnic, 11 am-7 pm

Sep. 10

Belle, St. Alexander Parish pro-life breakfast, 7-11 am; **Folk**, St. Anthony of Padua Parish fall festival, 11 am-6 pm

Sep. 16

Jefferson City, K of C Council #1054 Annual Bob Jones Golf Tournament, 9 am-3 pm, Oak Hills Golf Course, for info or to register call 573-680-9495 or 573-690-1838; **Wardsville**, Wardsville/Osage Bend K of C BBQ, 11 am-5 pm, St. Stanislaus School gym

Sep. 17

Marshall, St. Peter Parish "Harvest Festival," 11 am-4 pm; **Bonnots Mill**, St. Louis of France Parish fall festival, noon-6 pm; **Columbia**, "Are We There Yet?" 6th annual Basi family concert for Down Syndrome, 2-3:30 pm, Our Lady of Lourdes Church; **Krakow**, St. Gertrude Parish chicken & roast beef dinner, 11 am-6 pm; **Meta**, Citizens Civic League fall festival, 11 am-6 pm; **Russellville**, St. Michael Parish fall festival, 11 am-5 pm

Sep. 23

Jefferson City, Redemption Inside the Walls concert, featuring Christian & Gospel vocalist Natalie Grant, 5-10 pm, Jaycees Fairgrounds, for info or to register visit redemptioninsidethewalls.com

Sep. 24

Adair, St. Mary Church annual reunion, Mass at 1:30 with light refreshments following; **Cuba**, Holy Cross Parish fall festival, 11 am-4 pm; **Frankenstein**, Our Lady Help of Christians Parish fall festival, 11 am-6 pm; **Fulton**, St. Peter Parish fall festival, 11 am-6 pm; **Vienna**, Visitation Parish fall festival, 11 am-5:30 pm

Sep. 28

Jefferson City, Helias Catholic High School homecoming parade, 6:30 pm

Sep. 29

Jefferson City, Helias Catholic High School alumni homecoming event, 9-10:30 pm, Last Flight Brewing Company

Meetings/ Workshops

Sep. 7

Columbia, Ultreya for Cursillo, 7-8:30 pm, Our Lady of Lourdes Parish's Flanagan Hall, for info call 573-999-5066

Sep. 9

Columbia, "How do YOU...?" panel discussion on music & liturgy, sponsored by the Jefferson City diocesan chapter of the National Association of Pastoral Musicians, 9:30-11:30 am, Our Lady of Lourdes Parish's Flanagan Hall, for info or to register, email jeffersoncitymo@npm.org; **Jefferson City**, PSR Teacher Workshop, 9 am-noon, for info or to register visit diojeffcity.org/registration-workshops; **Linn**, Parish Engagement and Charity Event, sponsored by Catholic Charities of Central and Northern Missouri, 1:30-4:30 pm, St. George Church, for info or to register call 573-635-7719

Sep. 12

Jefferson City, DRE & YM Work-

shop, 9:30 am-noon, for info or to register visit diojeffcity.org/registration-workshops; **Jefferson City**, Grief Support Group, 6:15-8:15 pm, St. Peter Parish's Fr. Ahrens Room

Sep. 15

Jefferson City, Faith Based Health Ministry Network meeting, 10 am-2:30 pm, Catholic Charities offices, to RSVP email devaney.susan@gmail.com

Sep. 16

Lake Ozark, Parish Engagement and Charity Event, sponsored by Catholic Charities of Central and Northern Missouri, 8:30-11:30 am, Our Lady of the Lake Church, for info or to register call 573-635-7719

Sep. 19

Jefferson City, Grief Support Group, 6:15-8:15 pm, St. Peter Parish's Fr. Ahrens Room

Sep. 23

Columbia, Pre-Cana Conference for engaged couples, 9 am-4:30 pm, St. Thomas More Newman Center, for info or to register visit diojeffcity.org/marriage-preparation/pre-cana-registration; **Kirksville**, Parish Engagement and Charity Event, sponsored by Catholic Charities of Central and Northern Missouri, 9 am-noon, Mary Immaculate Church, for info or to register call 573-635-7719

Sep. 26

Jefferson City, Grief Support Group, 6:15-8:15 pm, St. Peter Parish's Fr. Ahrens Room; **Columbia**, Parish Leader Formation Day, 9 am-3 pm, Our Lady of Lourdes Parish's Flanagan Hall, for info or to register visit diojeffcity.org/registration-workshops

Sep. 30

Rolla, Parish Engagement and Charity Event, sponsored by

Catholic Charities of Central and Northern Missouri, 8:30-11:30 am, St. Patrick Church, for info or to register call 573-635-7719

Eventos del Ministerio Hispano

septiembre 8

Varios lugares, Asambleas de Jóvenes, 7-9 pm, para más información contacte a Ilsi Palacios al 316-530-1004 o por correo electrónico a ComiteDiocesanoRCC@gmail.com

septiembre 16

Columbia, Planificación Familiar Natural - Familia de las Américas, 9 am-noon, Parroquia Sagrado Corazón, para información sobre instructores y clases contacte a Diácono Enrique o Cristhia Castro al 573-680-3650 o por correo electrónico a ecastro@diojeffcity.org

septiembre 17

Sedalia, Retiro Parroquial: Buena Administración, 9 am-5 pm, San Patricio, para más información contacte a Diácono Enrique Castro al 573-680-3650 en su celular o en WhatsApp o por correo electrónico a ecastro@diojeffcity.org

septiembre 24

Sedalia, Picnic de Colores, capilla de san Patricio, 1-3 pm, para más información o registrarse contacte a Maria Gomez al 660-620-3405 o Raul Lopez a 660-287-8920

Faith Formation & Spiritual Renewal

Every Tuesday

Jefferson City, "Tuesday With Faith," small group discussions, 6:30-8 pm, Immaculate Conception Parish's Pleus Hall, for info, call 573-645-2478 or email jimkemna@gmail.com

Every Friday

Jefferson City, Centering Prayer Group, Immaculate Conception Parish, 11 am-noon

Sep. 11

Jefferson City, "Dwell: A Blessed Is She Study on The Eucharist" for women of all ages, 7-8:30 pm, Mary Room at the Cathedral of St. Joseph Parish Office, for info or to register contact julie.g@cathedraljlc.org

Sep. 18

Jefferson City, "Dwell: A Blessed Is She Study on The Eucharist" for women of all ages, 7-8:30

pm, Mary Room at the Cathedral of St. Joseph Parish Office, for info or to register contact julie.g@cathedraljlc.org

Sep. 23

Columbia, Pre-Cana Conference for engaged couples, 8:45 am-4:30 pm, St. Thomas More Newman Center, for info or to register visit diojeffcity.org/marriage-preparation/pre-cana-registration

Sep. 28-Oct. 1

Edina, Men's Cursillo Weekend #72, St. Joseph Parish Center, for info or to register visit diojeffcity.org/cursillo

Liturgical

Sep. 10

Starkenburg, Annual Fall Pilgrimage with Rosary procession, traditional German dinner, Reconciliation, Benediction and Mass, 10 am-3 pm, Shrine of Our Lady of Sorrows, for info visit risensavior.diojeffcity.org

Sep. 12

Starkenburg, Second Tuesday Mass, 11 am-2 pm, Shrine of Our Lady of Sorrows, for info visit risensavior.diojeffcity.org

Sep. 24

Adair, St. Mary Church annual reunion, Mass at 1:30 with light refreshments following

Youth & Young Adults

First Wednesdays each month
Jefferson City, Rooted/Connected/Searching in Community young adult group, 5-8 pm, Immaculate Conception Parish's Pleus Hall, for info visit icangels.com/youngadults

Third Sundays each month
Jefferson City, Young Adult Mass, 5 pm, Immaculate Conception Church

Sep. 6

Jefferson City, Praise, Prayer & Pizza, 7-8 pm, Immaculate Conception Parish's Pleus Hall

Nov. 16-19

Indianapolis, In., National Catholic Youth Conference, for info or to register visit diojeffcity.org/national-catholic-youth-conference

Health & Wellness

Sep. 19

Meta, Blood drive, 2-6 pm, Citizens Civic League

QUESTION

From page 8

other forms of corruption within the Church, in addition to deepening the personal spirituality of the faithful. So perhaps during this era the more intense crucifixion imagery was intended to serve as a kind of spiritual "wake up call" to a Church needing to rediscover its centuries-old foundation.

Jenna Marie Cooper, who holds a licentiate in canon law, is a consecrated virgin and a canonist whose column appears weekly at OSV News. Send your questions to CatholicQA@osv.com.



301 Monroe
Jefferson City
(573) 635-6101

Charles Prather • Rick Prather
Tom Kummer

To submit **Baptisms, Birthdays** for ages 90 and older, **Anniversaries** of 10+ years in increments of 5 ONLY (e.g., 15, 25, 45 years, etc.), **Elections, Honors and Appointments**, please go to:

diojeffcity.org/parish-correspondence

For marriages and deaths, use the form at diojeffcity.org/parishioner-update/ so that we may update our mailing lists and records.

Anniversaries

Jefferson City, Cathedral of St. Joseph
Joe & Arlene Taylor, 40 years

Jefferson City, Immaculate Conception
Stephen & Jane Frank, 50 years

Kirksville, Mary Immaculate
William & Carolyn Hannam, 60 years
Randy & Donna Fortenberry, 50 years
Terrill & Terese Roberts, 45 years
Mike & Marsha Jones, 30 years
David & Ann Gray, 20 years

Mary's Home, Our Lady of Snows
Donald & Mary Doerhoff, 60 years
James & Margie Kempker, 55 years
Jerry & Debbie Schulte, 50 years
Jason & Jennifer Schulte, 25 years
Bryan & Stacey Evers, 25 years

Meta, St. Cecilia
Mitchell & Doris Stumpe, 40 years

Palmyra, St. Joseph
Daryl & Mary Kaye Caldwell, 35 years

St. Anthony, St. Anthony of Padua
Norbert & Joyce Wieberg, 45 years

St. Patrick, Shrine of St. Patrick
Leo & Catherine (Maxine) Nichols, 70 years

St. Thomas, St. Thomas the Apostle
Bill & Betty Jo Luebbering, 50 years

Wien, St. Mary of the Angels
Daniel & Katrina Steffes, 35 years
Mark & Jill Bruner, 25 years

Deaths

Salisbury, St. Joseph — **Richard Johnson**

St. Thomas, St. Thomas the Apostle — **Dave Volmert**

Marriages

Mary's Home, Our Lady of Snows — **Jill Linnenbrink & Perry Bax**

Baptisms

Centralia, Holy Spirit, — **Brantley Cole Breitweiser**, son of Benjamin Bretweiser & Kelsey Bradshaw

Mary's Home, Our Lady of Snows — **Addison Lucille Basler**, daughter of Corry & Morgan Basler; **Georgia Emaline** and **Jameson Wayne Kempker**, children of Zachary & Ashley Kempker; **Wade Dylan Rush**, son of Garrett & Samantha Rush; **Hudson Leo Schulte**, son of Ben & Katie Schulte

St. Thomas, St. Thomas the Apostle — **Kinley Marie Otto**, daughter of Donnie & Katelyn Otto

Vandalia, Sacred Heart — **Darla Marie Luebrecht**, daughter of Justin & Katelyn Luebrecht

Wardsville, St. Stanislaus — **Brayden James Dudenhoeffer**, son of Neal & Ashley Dudenhoeffer

Westphalia, St. Joseph — **Reid Felix Boehm**, son of Derek & Paige Boehm; **LeAnn Myrtle Luebbert**, daughter of Peter & Danielle Luebbert; **Burton Everett** and **Penelope Eleanor Schaben**, children of Nick & Shelby Schaben

Wien, St. Mary of the Angels — **Wesley Kent Londo**, son of Cody & Paige Londo

Birthdays

Boonville, Ss. Peter & Paul — **Marie Oerly**, her 91st on Sep. 2; **Joyce Schwartz**, her 91st on Sep. 8

Jefferson City, Immaculate Conception — **Mary Jane Schulte**, her 90th on Sep. 16

Pilot Grove, St. Joseph — **Dorothy McGuire**, her 102nd on Sep. 1

Salisbury, St. Joseph — **Celeste Massie**, her 94th on Aug. 12

Taos, St. Francis Xavier — **Leona Mengwasser**, her 90th on Sep. 7

SR. CONSTANCE

From page 9

had offered a home.

Although she was accustomed to stopping by the local charity office to pick up the provisions to which her elderly were entitled, on one occasion an impatient aid worker rebuked her, directing her to get in line with the other beggars. Jeanne complied, rejoicing to truly be poor among the poor.

I was also reminded of the testimonies of the young Little Sisters who had lived with Jeanne Jugan during the long years at the motherhouse when she was no longer recognized as the foundress.

Her young companions thought she was just another elderly Sister living among them but they loved her dearly because she was so good to them. Many years later they still remembered her kindness, many testifying for her canonization process.

"Ah! If you only knew how good she was! She was so gentle ... She spoke firmly when necessary but she thought no more about it afterwards." ... "Her charity touched the hearts of all; we were at ease with her, like a mother in her family, and each one could say to herself: 'How kind she is; she loved me!'"

As I continued to reflect on the life and example of our foundress, I felt

honored to be identified by a young person as "grandmotherly." Realizing I would never make my mark on either the soccer field or the volleyball court, I really had been trying to take an interest in each young woman and lend each one a listening ear and I was grateful to know they had appreciated my efforts.

This is what young people are really looking for as they mature into adulthood and seek to discern their vocation in life. We can do them and the church a great service by honing our skills as wise elders, spiritual grandmothers and grandfathers.

Pope Francis often speaks of just this. Talking to journalists at World Youth Day, he said the main issue related to the young is knowing how to accompany them and that grandparents are better at this than parents.

Speaking directly to young people in Lisbon, he said that grandparents are "rays of light" and "the roots of our joy."

To be a ray of light or a root of joy – what beautiful ideals for which to strive as we age!

Sister Constance Veit is the communications director for the Little Sisters of the Poor in the United States and an occupational therapist.

EXHORTATION

From page 14

the sixth apostolic exhortation of his pontificate and the first since his February 2020 post-synodal exhortation on the Amazon.

To conclude his weekly audience, the pope asked Catholics to join with "our Christian brothers and sisters in the commitment to caring for creation as a sacred gift of the Creator."

"It is necessary to side with the victims of environmental and climate injustices, striving to end the senseless war on our common home, which is a global, terrible war," he said.

The pope had mentioned the upcoming document Aug. 21 when he met with a group of lawyers; he said he was preparing the document as a "second part to *Laudato Si'*" to update it on current problems."

Pope Francis also mentioned the letter July 26 when he spent an hour responding to questions from young people from the Archdiocese of Melbourne, Australia, according to Archbishop Peter A. Comensoli. "We decided to keep mum about it, to let Pope Francis share the news when he wanted," the archbishop posted on X, formerly Twitter.

The Season of Creation grew out of the observance of the day of prayer,

which originated in the Orthodox Church and was added to the Catholic Church's calendar by Pope Francis in 2015. In his message for this year's celebration, the pope called on world leaders attending the U.N. climate summit in Dubai Nov. 30 to Dec. 12 to "institute a rapid and equitable transition to end the era of fossil fuel."

Crossword puzzle answers

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| D | E | M | E | S | S | E | G | A | V | A | V | R |
| N | M | L | N | M | D | N | M | E | V | M | A | V |
| E | V | A | N | L | N | I | N | G | A | V | B | R |
| R | L | I | C | I | C | F | I | O | R | R | R | R |
| N | S | B | I | F | D | N | D | N | S | S | S | S |
| L | O | T | R | O | C | D | N | V | L | S | T | T |
| N | R | E | A | M | V | E | R | E | S | I | S | I |
| D | L | T | E | L | E | R | V | R | A | N | P | A |
| P | J | S | U | V | N | O | I | N | O | I | T | T |
| V | S | A | V | V | O | W | J | W | J | A | V | V |
| L | I | I | L | R | S | H | I | H | V | S | O | C |
| S | E | S | O | S | J | O | T | R | R | O | A | V |
| L | V | L | L | C | R | E | S | E | V | A | P | A |
| J | O | L | R | E | J | U | D | I | C | E | R | O |
| T | O | L | R | E | R | V | X | U | V | X | S | E |
| E | R | I | D | E | O | R | S | O | R | S | E | B |

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Meet me at the Fair



Students of Sacred Heart School in Sedalia and volunteers from St. Vincent de Paul Parish of Pettis County staff the Missouri State Fair Grandstand concession stand during concerts and events at this year's State Fair, in partnership with GUESA Grandstand Concessions LLC as a fundraiser for the school.

— Photo from the Sacred Heart School, Sedalia, MO

Let no one have contempt for your youth, but set an example for those who believe, in speech, conduct, love, faith, and purity.

1 Timothy 4:12

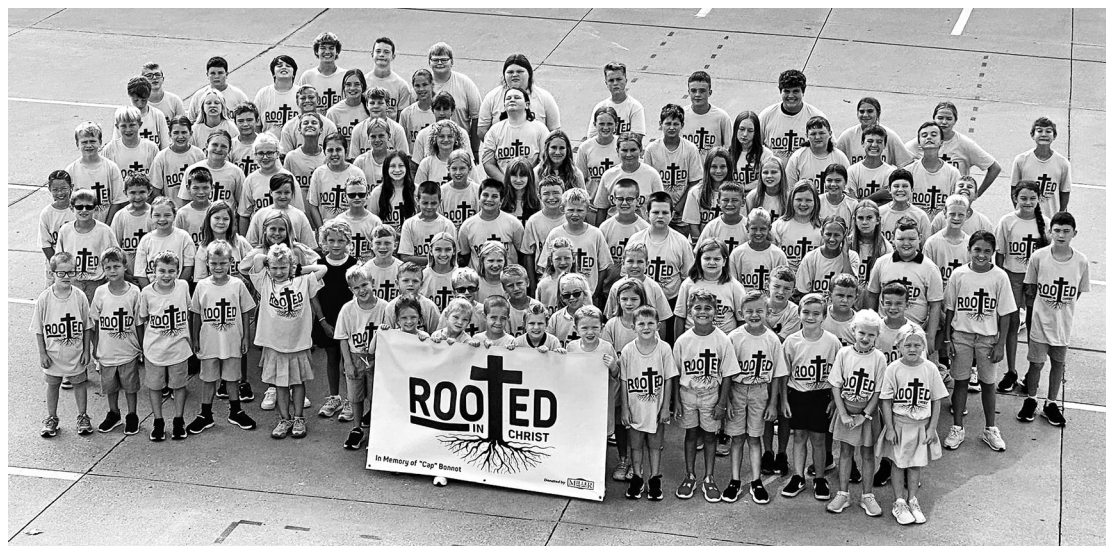
Come to the water



Young members and friends of Holy Family Parish in Hannibal close out their Totus Tuus Catholic summer experience of fun and learning with "Water Day" on July 21. "Totus Tuus" is Latin for "Totally Yours" and was the papal motto of Pope St. John Paul (+1978-2005).

— Photo from the Holy Family Catholic Church - Hannibal Facebook page

Getting back to their roots



Students of Immaculate Conception School in Loose Creek gather for their traditional first-day-of-school group photo on Aug. 22. — Photo from the Immaculate Conception School, Loose Creek Facebook page

Prayers for wisdom and fortitude



Father Joseph Abah PhD., pastor of St. Peter Parish in Fulton and St. Jude Thaddeus Parish in Mokane, calls down a special blessing on the children and teachers of St. Jude Thaddeus Parish who are heading back to school, during Mass on Sunday, Aug. 20.

— Photo from the St. Jude Thaddeus Catholic Church-Mokane Facebook page

Bible Accent

In Mark 2:27, Jesus said, “The Sabbath was made for man, not man for the Sabbath.”

What does this mean?

In Exodus 20:8-11, we read that the Third Commandment says to “remember the Sabbath day — keep it holy.” God had created the world in six days and rested on the seventh, and he wanted his people to have a day of rest as well.

“You shall not do any work, either you, your son or your daughter, your male or female slave, your work animal, or the resident alien within your gates,” God said.

Over time, the Jewish leaders created stricter and stricter rules regarding what activities were prohibited on the Sabbath. Curing people on the Sabbath broke those strict rules.

Jesus had a different view — the Sabbath was meant to be a blessing from God to his people instead of a day for following burdensome, man-made rules.

In Matthew 12:11-12, Jesus told the Pharisees why he cured on the Sabbath.

“Which one of you who has a sheep that falls into a pit on the Sabbath will not take hold of it and lift it out?” he asked. “How much more valuable a person is than a sheep. So it is lawful to do good on the Sabbath.”

St. Thérèse Couderc

Marie-Victoire Couderc was born to a French farm family in 1805. When she grew up, she joined a new religious teaching order and took the name Thérèse. Instead of teaching, she was sent to manage a mountain hostel for women pilgrims at the shrine of St. John Francis Regis. Under her guidance, the hostel became a successful retreat house. The order decided to separate into a teaching ministry called the Sisters of St. Regis and a retreat ministry called the Congregation of Our Lady of the Cenacle. St. Thérèse was superior of the Cenacle sisters until 1838. She died in 1885, and we remember her on Sept. 26.



Pharisees accuse Jesus of breaking Sabbath rules

By Jennifer Ficaglia
Catholic Courier

Jesus returned to Galilee after spending 40 days in the desert. He traveled all around the area, healing those who were sick and calling people to follow him.

One day, Jesus and his apostles were walking through a field of grain. It was the Sabbath, a day of rest on which no work was to be done.

As they walked through the field, Jesus’ followers picked the heads of grain, rolled them between their hands and ate them.

The Pharisees noticed this and questioned Jesus. “Why are you doing what is unlawful on the Sabbath?” they asked.

Jesus reminded the Pharisees what David had done in 1 Samuel 21:1-6.

David was fleeing King Saul, who wanted to harm him. During his flight, David stopped and asked the priest of Nob for five loaves of bread, but the priest only had holy bread to give him.

“Have you not read what David did when he and those (who were) with him were hungry? He went into the house of God, took the bread of offering, which only the priests could lawfully eat, ate of it and shared it with his companions,” Jesus said.

“The Son of Man is lord of the Sabbath,” he added.

On another Sabbath, Jesus was teaching in the synagogue. One of the men who was there had a withered right hand.



Illustration by Linda Rivers

After the incident with the grain, the Pharisees and scribes were watching Jesus very closely to see if he would cure someone on the Sabbath. If he did, they were ready to accuse him of wrongdoing.

Jesus knew what the Pharisees and scribes were up to. He turned to the man with the withered hand.

“Come up and stand before us,” he said.

Jesus addressed the people he had been teaching.

“I ask you, is it lawful to do good on the Sabbath rather than to do evil, to save life rather than to destroy it?” he asked.

Jesus turned back to the man. “Stretch out your hand,” Jesus told him.

The man stretched out his hand, and the withered hand was restored.

The Pharisees and scribes became enraged and began to discuss what they could do to Jesus.

Read more about it...
Luke 6

1. Who accused Jesus and the apostles of doing something unlawful?
2. Whom did Jesus cure on the Sabbath?

Essay

Reading for
September 11, 2023:
Lk. 6:6-11

Describe how you keep the Sabbath holy.

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Puzzle

Using the hints provided, put a T next to the true sentences about Jesus healing people and an F next to the ones that are false. If a sentence is false, put the correct answer on the line at the end of the sentence.

1. ___ Jesus healed Peter’s father. _____ (Matthew 8:14-15)
2. ___ Jesus healed a paralytic. _____ (Matthew 9:6-7)
3. ___ Jesus healed three blind women. _____ (Matthew 9:27-30)
4. ___ Jesus healed 10 lepers. _____ (Luke 17:12-14)

Answers: 1. F (mother-in-law); 2. T; 3. F (two blind men); 4. T.

Elie Wiesel's *Night*: A Holocaust memoir, account of the human soul

Night, by Elie Wiesel, Hill and Wang Publishing, 120 pages, \$6.50

Reviewed by Kenneth Craycraft

In the early spring of 1945, as the end of World War II in Europe was approaching, 16-year-old Elie Wiesel was forced to march from the Auschwitz concentration camp, where he had been deported from his home in present-day Romania in May 1944, toward Buchenwald, his final destination in the war.

As Wiesel recounted in his classic memoir, *Night*, the last night in Auschwitz was yet "one more, the last night."

He then listed the previous ones: "the last night at home, the last night in the ghetto, the last night in the cattle car."

Each of these "last nights," all occurring within the span of fewer than 12 months, made permanent impressions on the teenage Wiesel. From those impressions, Wiesel has given us not just the diary of a year in the hands of the Nazis, but



Men, women and children are seen behind barbed wire after the liberation of the Nazi death camp Auschwitz-Birkenau in 1945 in Oswiecim, Poland. Historians estimate that the Nazis sent at least 1.3 million people to Auschwitz between 1940-45, and it is believed that some 1.1 million of those perished there. Auschwitz was liberated by the Russian Army Jan. 27, 1945. — OSV News photo/Yad Vashem Archives via Reuters

an agonizing glimpse into the appalling horror of the Holocaust.

But he is also unsparing in his own self-reflection. Without ever diminishing the evil inflicted upon him and his fellow Jews, Wiesel is painstakingly honest about the deep conflicts and failure even in his own thoughts and deeds while suffering under the oppression of the Nazis.

This makes *Night* perhaps unique of all World War II memoirs. It's not only a description of the particularity of the suffering of Jewish people in the war, but also an account of the human soul.

The first "last night" was in May 1944, when Wiesel and his family were forced from their home into what he describes as the "small ghetto" of his hometown of Sighet.

He was moved into a home that had been occupied by another family that had been deported in haste a few days before. "Only three days ago, people were living here," Wiesel shamefully recounted. "People who owned the thing

we were using now. They had been expelled. And we had already forgotten them."

The second "last night" was before his deportation from the small ghetto. "Saturday, the day of rest, was the day chosen for our expulsion," he recounted. The family sat at table for their last traditional Friday night meal before Shabbat, but there was no joy in the meal of rest.

Eating in silence, "[w]e sensed that we were gathered around the familial table for the last time," Wiesel recalled. "I spent that last night going over memories and ideas and was unable to sleep."

It was, of course, the last night that he would ever share a meal with his family. The next morning, he and his family were herded into cattle cars that were packed so crowded that the deportees had to take turns sitting down.

The third "last night" was the third night in the cattle car, when one of the women began to hallucinate as she descended into madness. Her screams about visions of fire and flames

Movie Ratings



Adults and Adolescents

Barbie (PG-13)
Blue Beetle (PG-13)
Teenage Mutant Ninja Turtles: Mutant Mayhem (PG)



Adults

Gran Turismo (PG-13)
Haunted Mansion (PG-13)
Meg 2: The Trench (PG-13)
Oppenheimer (R)



Limited Adult Audience

The Last Voyage of the Demeter (R)
Talk to Me (R)



Morally Offensive

Strays (R)

Ratings are supplied by OSV News Service.

eventually led some men to bound and gag the poor woman, raining blows on her head when she burst the bounds and spit the gag.

"The night seemed endless," Wiesel remembered. By morning, the woman crouched in the corner, "her blank gaze fixed on some faraway place, she no longer saw us." Later that day, the train pulled into the station, the name of which "nobody had ever heard": Auschwitz.

After the train moved again to another station, they saw the flames that the mad woman had prophesied "rising from a tall chimney into a black sky." "We had arrived," Wiesel recounted. "In Birkenau."

As his family left the train, the men and women were herded in separate directions. The 15-year-old Elie watched his mother and sister, Tzipora, walk away hand-in-hand. He would never see them again.

The last "last night" in Auschwitz was followed by a torturous march during the cold winter of 1945, then a long ride in an open train car exposed to the freezing snow and wind, to Wiesel's final destination of the war, the notorious concentration camp of Buchenwald.

There, men shoved aside corpses and clawed at one another like animals, looking for a scrap of bread to eat or a spoonful of soup to drink. It was also there that Elie Wiesel's father, who had suffered the travails alongside him, was taken to the crematorium in the deep of the night of Jan. 29. "No prayers were said over his tomb. No candle lit in his memory. His last word had been my name. He had called out to me and I had not answered." Between then and April 11, when the camp was liberated by American soldiers, Wiesel wrote, "nothing mattered to me anymore."

While he was on the train to Buchenwald, Wiesel recounted that he and his fellow Jewish prisoners were "nothing but frozen bodies. Our eyes closed, we merely waited for the next stop, to unload our dead," he remembered. "The days resembled the nights, and the nights left in our souls the dregs of their darkness."

Let us never forget those dregs of darkness.

Kenneth Craycraft is an associate professor of moral theology at Mount St. Mary's Seminary and School of Theology in Cincinnati.

On air

Mustard Seed
Sunday Scripture readings
and reflections

Sundays, 10:06 am, KWIX-AM 1230, Moberly
Sundays, 8 am, KRLL-AM 1420, California

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Aspects of stewardship have been part of the Church here for decades

By Jay Nies

Father Stephen Jones, director of stewardship for the diocese, is chairman of the newly convened Diocesan Stewardship Council. Patricia Lutz, associate stewardship director, is the recording secretary.

Fr. Jones, who has been serving in this role for three years, spoke

to the council about aspects of the stewardship renewal in the diocese that are already familiar.

“The fact is, this is not something new,” he noted. “We’re building on our heritage. We’re building on what previous generations have known and done and we’re taking it to the fullness in this new spiritual stewardship way of life.”

He pointed out that the late Bishop Michael F. McAuliffe, who led the Jefferson City diocese from 1969-97, was a close friend of the late Bishop Eugene Gerber, who led the Wichita diocese from 1982-2001 and helped implement many of Msgr. McGread’s ideas throughout that diocese.

In 1983, Bishop McAuliffe followed Bishop Gerber’s lead and declared that all parish grade schools in the Jefferson City diocese would be tuition-free for parishioners who participate in the sacrificial life of the parish and help support it financially.

“That is to say, the ministry of forming and educating children in the parish schools was to be supported by the parish,” said Fr. Jones.

It was a radical approach and drew skepticism both in this and nearby dioceses.

However, “some years later, those dioceses started coming to us and saying, ‘How can we do this?’” Fr. Jones, noted, “because it actually worked.”

He noted that the Catholic school enrollment in this diocese is nearly double that of another diocese he’s familiar with that has many times more Catholics.

“The difference is stewardship — that our parishes and our diocese and our bishops have put an emphasis and priority on the ministry of Catho-

lic education in our schools,” he said.

He cautioned that it would be wrong to equate the way parishes in the diocese have been funding their schools for the past four decades and

“Stewardship means getting back to the ancient Christian roots presented to us in the Gospels.”

— Father Stephen Jones

the entirety of the stewardship way of life.

“But they are intrinsically tied together,” he said. “And that’s how our diocese has lived out its stewardship walk up to this point.”

Later on, several parishes in the diocese convened parish stewardship councils in order to promote stewardship in all aspects of parish life, and several parishes adopted a tithing model of funding national collections and its support for the work of the diocese.

Bishop Emeritus John R. Gaydos hired Jane Rutter, who as diocesan director of stewardship from 2000 to 2015, worked to promote the spirituality and practical application of stewardship in the parishes.

“That is, the call to discipleship, the response of a disciple, and stewardship being the fulfillment of the Second Vatican Council, how we live that out together,” said Fr. Jones.

“Now, it’s time to take that step and to really, really focus on that spiritual element, which is why Bishop McKnight appointed me to be director of stewardship,” Fr. Jones continued.

The office of stewardship is meant to foster the spirituality of stewardship in parishes and among the priests, deacons and all the faithful of the diocese.

“One of our biggest opportunities for renewing the Church is from the grassroots,” said Fr. Jones. “If we want to see the Church return to its former level of impact, it’s time to change things up. Stewardship means getting back to the ancient Christian roots presented to us in the Gospels.”

As of July 1 of this year, every parish in the diocese has

changed over to the tithing model of supporting itself and the diocese, with parishioners being encouraged to add the money they previously contributed each year to the Catholic Stewardship Appeal and the various national collections, to their regular offertory contributions to their parishes.

The Catholic Stewardship Appeal, which was an annual diocesan solicitation to fund diocesan ministries, is now a parish-based Catholic Stewardship Renewal (CSR), encouraging everyone to pray and make a sacrificial pledge of time, talent and treasure to their parishes.

Mrs. Lutz noted that the CSR is intended to be a spiritual experience for all parishioners.

“We’re asking everyone to pray and think about your commitment and ‘What are your gifts you want to give back to God and share with everyone?’” she said.

Fr. Jones noted that the diocese has made great progress toward building up an administrative apparatus for promoting stewardship throughout the local Church.

“But as Bishop McKnight often reminds us, the real work is just beginning,” he said.

“Now, it becomes even more about the conversion of hearts and minds to the goal and spirituality of what it means to be a Christian disciple, to recognize and receive God’s gifts and share those gifts in love with God and neighbor,” he stated. “We have decades of that ahead of us.”

BOOK

From page 8

The book is written for general readership and is an excellent biographical introduction to three courageous young Missouri women.

“This book is a delightful and informative look at three of Missouri’s lesser-known historical figures,” stated Cynthia Dudenhoffer, director of information resources at Central Methodist University. “Weiland is the perfect author to bring their stories together.”

Mrs. Weiland taught at St. Mary School in Glasgow from 1986 to 1991.

The Fayette R-III School Board honored her in 2021 as the district’s Distinguished Citizen of the Year.

The book is available at *Amazon.com*.

Daily Readings

Sunday, Sep 3

TWENTY-SECOND SUNDAY IN ORDINARY TIME
Jer. 20:7-9
Ps. 63:2, 3-4, 5-6, 8-9
Rom. 12:1-2
Mt. 16:21-27

Monday, Sep 4

1 Thes. 4:13-18
Ps. 96:1, 3, 4-5, 11-12, 13
Lk. 4:16-30

Tuesday, Sep 5

1 Thes. 5:1-6, 9-11
Ps 27:1, 4, 13-14
Lk. 4:31-37

Wednesday, Sep 6

Col. 1:1-8
Ps. 52:10, 11
Lk. 4:38-44

Thursday, Sep 7

Col. 1:9-14
Ps. 98:2-3ab, 3cd-4, 5-6
Lk 5:1-11

Friday, Sep 8

The Nativity of the Blessed Virgin Mary
Mi. 5:1-4a or Rom. 8:28-30
Ps. 13:6ab, 6c
Mt. 1:1-16, 18-23 or 1:18-23

Saturday, Sep 9

St. Peter Claver, priest (USA)
Col. 1:21-23
Ps. 54:3-4, 6, 8
Lk. 6:1-5

The Holy Father’s prayer intentions for September:

We pray for those persons living on the margins of society, in inhumane life conditions; may they not be overlooked by institutions and never considered of lesser importance.

Sunday, Sep 10

TWENTY-THIRD SUNDAY IN ORDINARY TIME
Ez. 33:7-9
Ps. 95:1-2, 6-7, 8-9
Rom. 13:8-10
Mt. 18:15-20

Monday, Sep 11

Col 1:24-2:3
Ps. 62:6-7, 9
Lk. 6:6-11

Tuesday, Sep 12

The Most Holy Name of Mary
Col. 2:6-15
Ps. 145:1b-2, 8-9, 10-11
Lk. 6:12-19

Wednesday, Sep 13

St. John Chrysostom, bishop and doctor of the Church
Col. 3:1-11
Ps. 145:2-3, 10-11, 12-13ab
Lk. 6:20-26

Thursday, Sep 14

The Exaltation of the Holy Cross
Nm. 21:4b-9
Ps. 78:1bc-2, 34-35, 36-37, 38
Phil. 2:6-11
Jn. 3:13-17

Friday, Sep 15

Our Lady of Sorrows
1 Tm. 1:1-2, 12-14
Ps. 16:1b-2a, 5, 7-8, 11
Jn. 19:25-27 or Lk. 2:33-35

Saturday, Sep 16

Ss. Cornelius, pope, and Cyprian, bishop
1 Tm. 1:15-17
Ps. 113:1b-2, 3-4, 5, 6-7
Lk. 6:43-49

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Fr. Merz silver jubilee

Father Daniel Merz, pastor of St. Thomas More Newman Center Parish in Columbia, will offer Mass at 2 p.m. on Sunday, Sept. 24, in the Newman Center to celebrate the 25th anniversary of his priestly ordination.

A luncheon will be held upstairs in the Multipurpose Room after Mass.

The Newman Center is located at 602 Turner Ave. on the MU campus.

RSVPs are greatly encouraged for accurate food count at comonewman.breezechms.com/form/ca8646.

One stitch at a time: Quilts for children in the hospital



Members of the Heavenly Stitches group from St. Mary Parish in Glasgow put “faith in action together” by making quilts and other items for children who are patients at MU Health Care’s Children’s Hospital Columbia.

— Photo from the Women’s Ministry - Diocese of Jefferson City Facebook page

Women’s Ministry Fall 2023 Events

defined by God

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WITH AWARD WINNING AUTHOR & SPEAKER
TERESA TOMEO

Ladies Night Out
Friday, Oct 6th
Doors open at 6:00 p.m.

Fall Retreat
Saturday, October 7th
Doors open at 9:00 a.m.

Cana Hall
Cathedral of St Joseph
2305 W Main St, Jefferson City MO

For more info & to register go to
diojeffcjcity.org/wmfallevent




**FIND
PARISH
FALL
EVENT
ADS
ON
PAGES
12-13**

**SEE MORE
LISTINGS ON
PAGE 18!**

“Focus on Formation” is topic of podcast

“Our formation as Catholic stewards requires both an education of the mind and a conversion of the heart,” Father Stephen Jones, diocesan director of stewardship, states in this month’s Diocese of Jefferson City Podcast.

Focusing on the concept of formation in the faith, it is the third part of a four-part discussion of the Pillars of Stewardship.

The series is designed to help create a deeper understanding of the spirituality of stewardship in anticipation of the Catholic Stewardship Renewal in October.

Previous podcasts in the series focused on hospitality and prayer. The podcasts can be found at diojeffcjcity.org/podcast.



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Parish Engagement and Charity Events

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| <p>1 September 9 Southeast Deanery St. George Catholic Church (Linn) 1:30 – 4:30 PM</p> | <p>2 September 16 Southwest Deanery Our Lady of the Lake (Lake Ozark) 8:30 – 11:30 AM</p> | <p>3 September 23 Northern Deanery Mary Immaculate (Kirksville)* 9:00 AM – 12:00 PM</p> |
| <p>4 September 30 Southeast Deanery St. Patrick Catholic Church (Rolla) 8:30 – 11:30 AM</p> | <p>5 October 7 Central Deanery Our Lady of Lourdes (Columbia) 8:30 – 11:30 AM</p> | <p>6 October 7 See City Deanery Catholic Charities Central Offices 1015 Edmonds Street (JC) 1:30 PM – 4:30 PM</p> |

Saturdays This Fall

Join us for a morning or afternoon session of faith formation, fellowship, presentations on Charity and Mercy Grants and the opportunity to reconnect with Catholic Charities.

SCAN TO REGISTER:

